

Adaptive focusing for deep brain ultrasound stimulation: application to psychiatric disorders



Jean-François Aubry

Physics for Medicine, Paris, France



JF Aubry

- **holds 5 patents on transcranial ultrasound focusing**
- **was the PI in a sponsored research agreement with Insightec**
- **is a member of FUSMobile's scientific advisory board and holds ordinary options in the company**
- **is a co-founder of SonoMind**

Production of Reversible Changes in the Central Nervous System by Ultrasound

For the past several years an intensive research effort has been in progress at the Bioacoustics Laboratory of the University of Illinois on the production of selective lesions in the tissues of the central nervous system by high intensity ultrasound (1). Considerable information has been obtained concerning the dosage conditions required for the production of such lesions, and neuroanatomical studies uti-

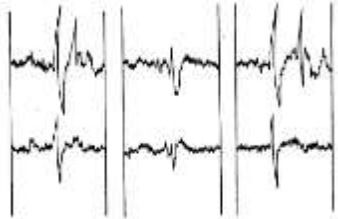


Fig. 1. Cortical potentials evoked by a flash of light (left) before irradiation, (middle) at the termination of irradiation, (right) 30 minutes after irradiation.

lizing this technique are now in progress. Relatively recent electrophysiological investigations indicate that reversible suppression of transmission along neural pathways can be accomplished by applying a controlled dosage of ultrasonic radiation at various sites along these pathways (2). By irradiating with ultrasound in the lateral geniculate nucleus it is possible to suppress temporarily the potential usually evoked in the visual cortex in response to a light stimulus. It should be noted that this effect is produced by a dosage of ultrasound which does not cause any histologically observable lesion in the tissue. This ultrasonic technique of producing reversible changes offers unique opportunities for three-dimensional mapping of central nervous system function.

Bipolar recording electrodes are placed in the appropriate cortical areas on both hemispheres to detect the evoked potentials. The focused ultrasonic beam source is used to irradiate the region of one of the lateral geniculate nuclei of

the animal (cat) since these nuclei are sites of synaptic stations along the visual pathway. The ultrasonic energy must be transmitted from the irradiator to the brain through dissolved Ringer's solution and the intervening skull bone must be removed.

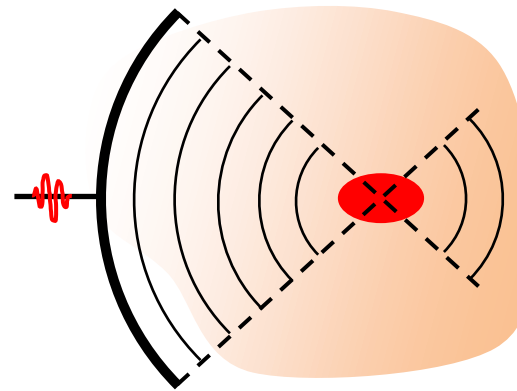
Stimulation of the eye by light is repeated at fixed time intervals before, during, and after ultrasonic irradiation, and continuous electrical recording is in progress during the course of the experiment. A series of three light flashes, with approximately 3 seconds between flashes, is used to stimulate the eye of the animal. This series of flashes is repeated at variable intervals of time before, during, and after exposure to the ultrasonic radiation. The focus of the sound beam is placed successively in and around the region of the lateral geniculate nucleus. With a suitably chosen sound level and with an exposure time in the range from 20 to 120 seconds, it has been possible to produce reversible suppressions of various components of the elicited electrical response in the visual cortex. The type of result illustrated in Fig. 1 has been obtained in a number of animals. Figure 1 shows the cortical potentials (two electrodes) evoked by a flash of light (i) before ultrasonic irradiation, (ii) at the termination of the ultrasonic exposure period, and (iii) subsequent to irradiation. At the termination of the ultrasonic irradiation period the amplitude of the primary response (upper record) was reduced to less than one-third of its original value. The amplitude of the secondary response (upper record) was reduced to practically zero. Complete recovery of the primary and secondary response was apparent 30 minutes after exposure.

Experiments are in progress to quantify further the conditions for producing controlled reversibility and to determine the site or sites (synapses, axons, cell bodies) of action of the sound (3).

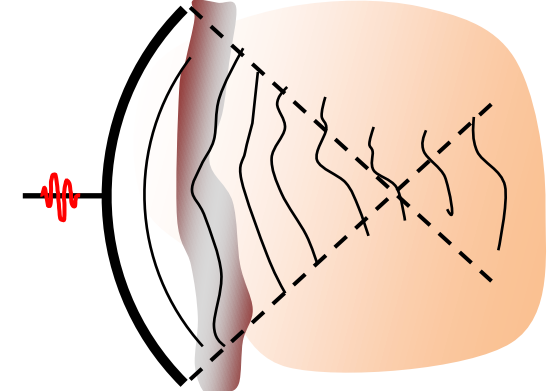
F. J. Fry

Bioacoustics Laboratory,*
University of Illinois, Urbana

« intervening skull must be removed »



No skull:
Good focusing



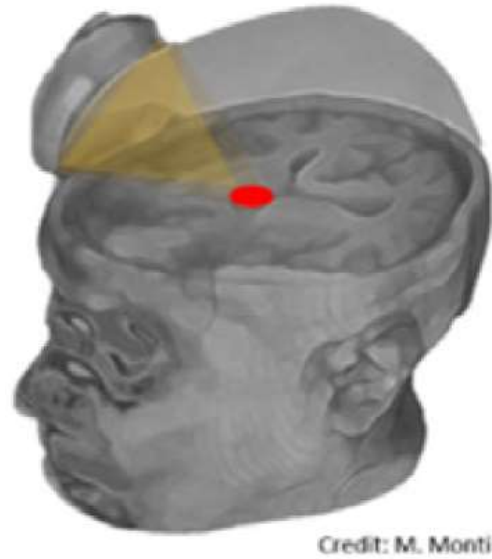
With skull :
defocusing

Fry, Ades & Fry, Science, 1958

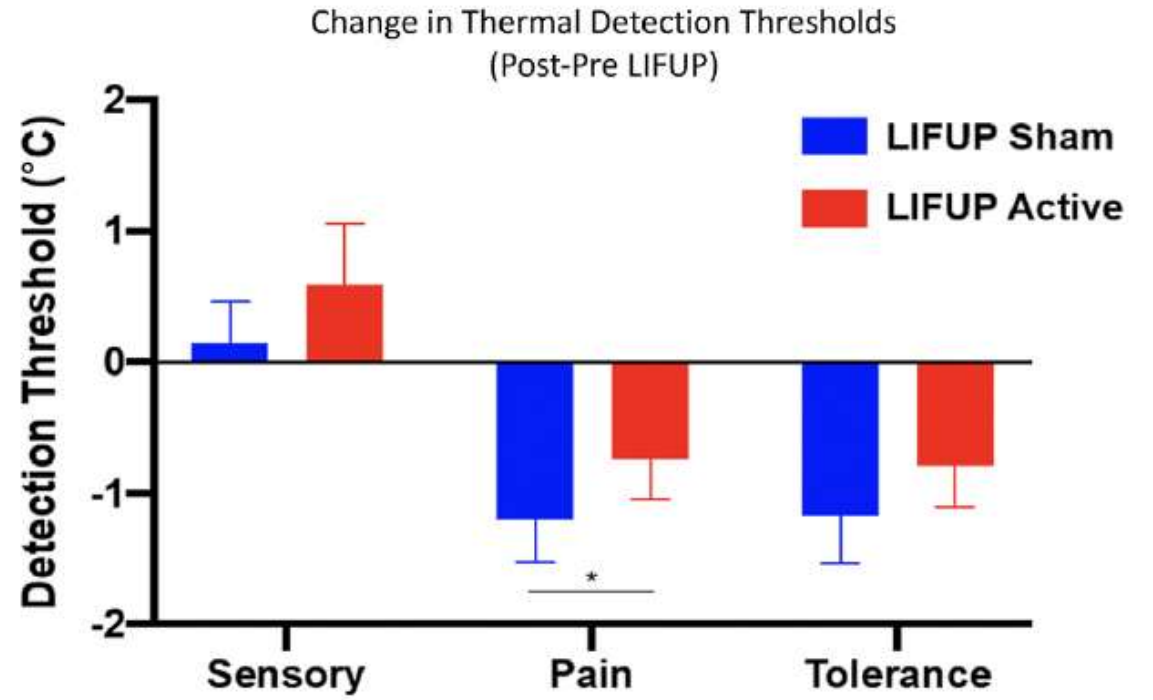
Many TUS studies on humans

Authors	Study Number	Year	Title
Mueller et al.	1	2014	Transcranial Focused Ultrasound Modulates Intrinsic and Evoked EEG Dynamics
Legon et al.	2	2014	Transcranial focused ultrasound modulates the activity of primary somatosensory cortex in humans
Lee et al.	3	2015	Image-Guided Transcranial Focused Ultrasound Stimulates Human Primary Somatosensory Cortex
Lee et al.	4	2016	Transcranial focused ultrasound stimulation of human primary visual cortex
Lee et al.	5	2016	Simultaneous acoustic stimulation of human primary and secondary somatosensory cortices using transcranial focused ultrasound
Ai et al.	6	2016	Transcranial focused ultrasound for BOLD fMRI signal modulation in humans
Legon et al.	7	2018	Transcranial focused ultrasound neuromodulation of the human primary motor cortex
Legon et al.	8	2018	Neuromodulation with single-element transcranial focused ultrasound in human thalamus
Ai et al.	9	2018	Effects of transcranial focused ultrasound on human primary motor cortex using 7T fMRI: a pilot study
Braun et al.	10	2020	Transcranial ultrasound stimulation in humans is associated with an auditory confound that can be effectively masked
Sanguinetti et al.	11	2020	Transcranial Focused Ultrasound to the Right Prefrontal Cortex Improves Mood and Alters Functional Connectivity in Humans
Badran et al.	12	2020	Sonication of the anterior thalamus with MRI-Guided transcranial focused ultrasound (tFUS) alters pain thresholds in healthy adults: A double-blind, sham-controlled study
Fine et al,	13	2020	Response inhibition is driven by top-down network mechanisms and enhanced with focused ultrasound
Fomenko et al.	14	2020	Systematic examination of low-intensity ultrasound parameters on human motor cortex excitability and behavior
Yu et al.	15	2020	Transcranial Focused Ultrasound Neuromodulation of Voluntary Movement-related Cortical Activity in Humans
Cain et al	16	2021	Real time and delayed effects of subcortical low intensity focused ultrasound
Liu et al.	17	2021	Transcranial Focused Ultrasound Enhances Sensory Discrimination Capability through Somatosensory Cortical Excitation
Monti et al.	18	2016	Non-Invasive Ultrasonic Thalamic Stimulation in Disorders of Consciousness after Severe Brain Injury: A First-in-Man Report
Brinker et al.	19	2020	Focused Ultrasound Platform for Investigating Therapeutic Neuromodulation Across the Human Hippocampus
Reznik et al.	20	2020	A double-blind pilot study of transcranial ultrasound (TUS) as a five-day intervention: TUS mitigates worry among depressed participants
Cain et al.	21	2021	Ultrasonic thalamic stimulation in chronic disorders of consciousness
Stern et al.	22	2020	Safety of Focused Ultrasound Neuromodulation in Humans with Temporal Lobe Epilepsy

650kHz neurostimulation (right anterior thalamus)



measuring sensory, pain, and tolerance thresholds to a thermal stimulus applied to the left forearm



0.57°C increase in the thermal pain threshold (1.3% compared to the 45.3°C threshold)

Many TUS studies on humans... that neglect the effect of the skull on the acoustic beam

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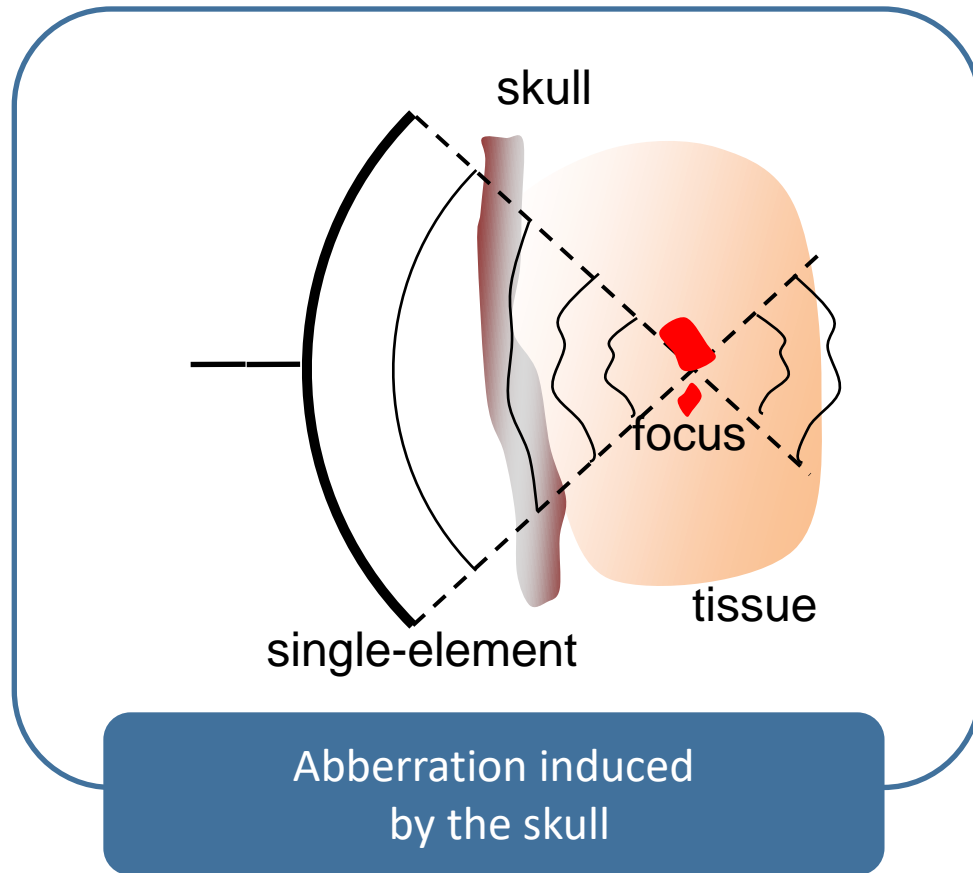
Impact of the skull on the precision of the targeting

TARGET ENGAGEMENT
(at least one point of the
50% isodose hits the target)

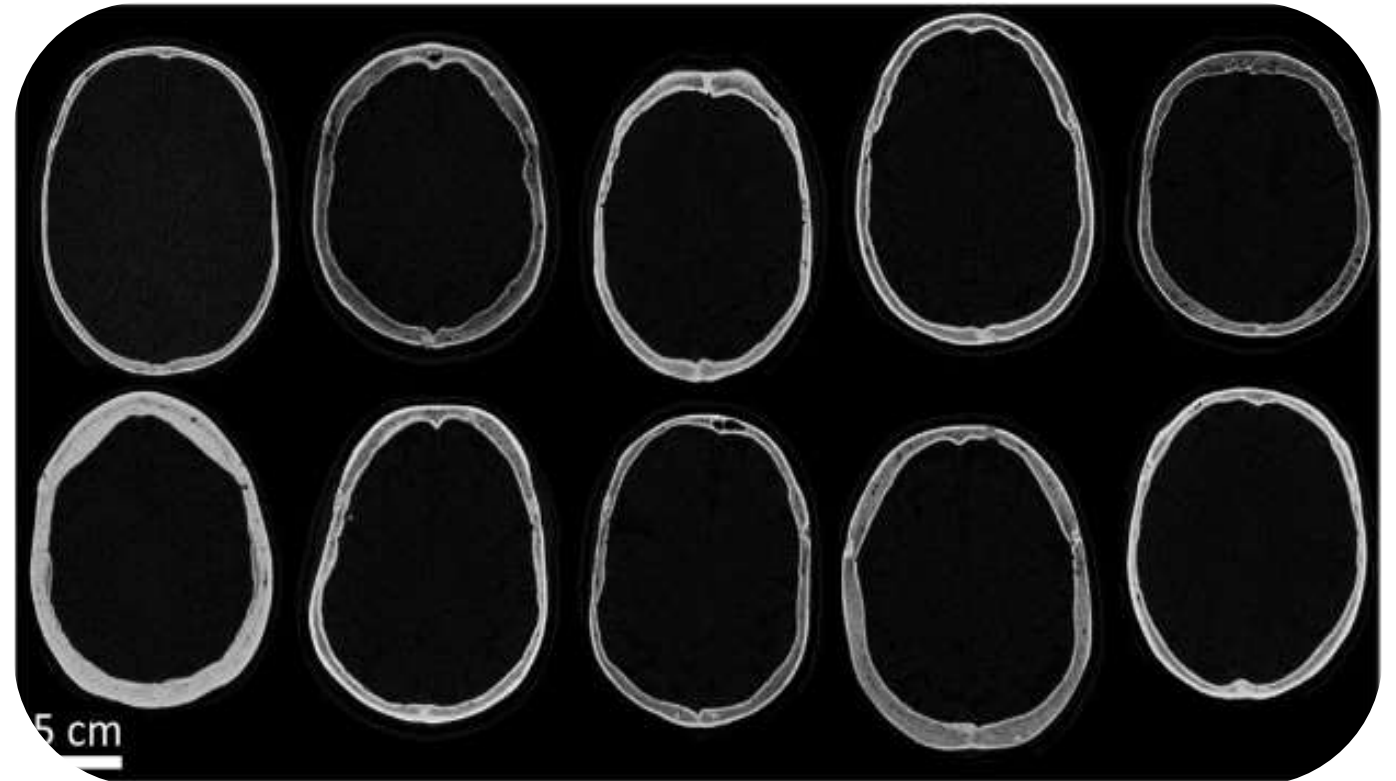
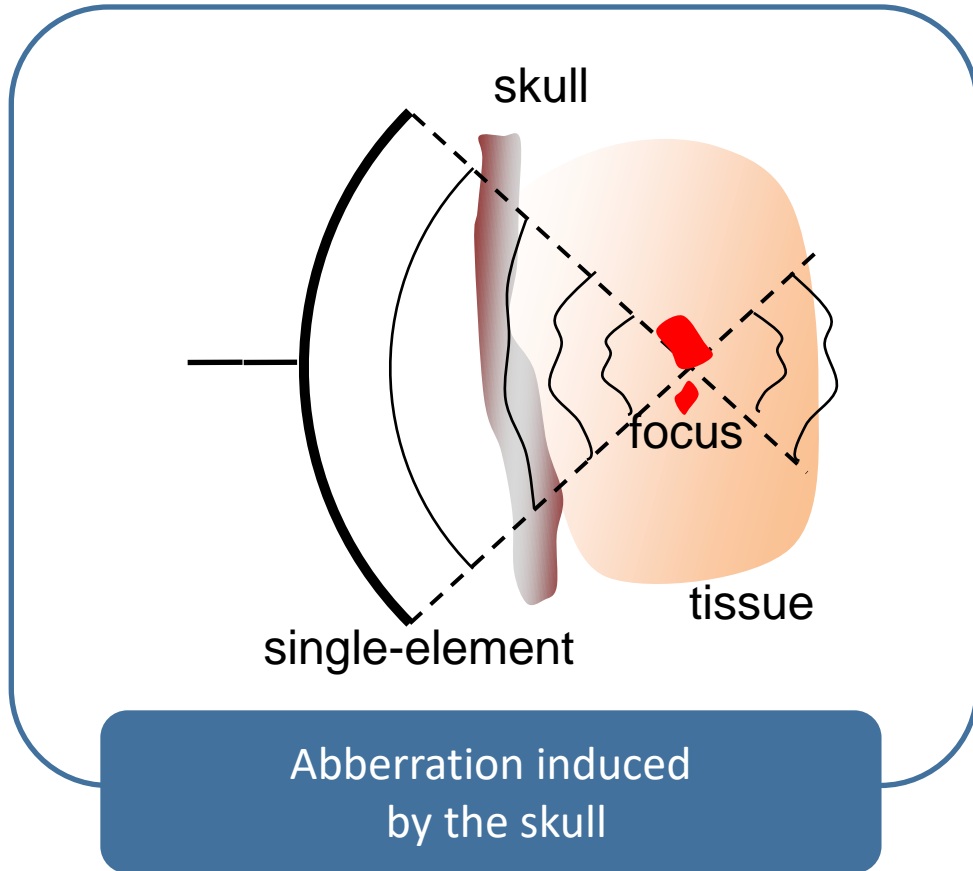


STUDY	AUTHOR, YEAR	TUS TARGET	No Correction								
			1	2	3	4	5	6	7	8	
1	Monti, 2016	Right <u>Thal.</u>	●	○	○	○	○	○	○	●	○
2	Ai, 2016	Left Caudate	●	●	○	○	○	○	○	●	○
3	Legon, 2018	Left <u>Thal.</u>	●	●	●	●	○	○	○	●	○
4	<u>Badran</u> , 2020	Right <u>Thal.</u>	●	○	○	○	○	○	○	●	○
5	Brinker, 2020	Left HPC	●	○	●	○	○	○	○	●	○
6	Cain, 2021 (1)	Left Pallidus	●	○	○	○	○	○	○	●	●
7	Jeong, 2021	Right HPC	●	●	●	●	●	●	●	●	●
8.1	Lee, 2022	Left PM Gyrus	●	●	●	●	●	●	●	●	●
8.2		Left HPC	●	○	○	●	○	○	○	●	○
8.3		Right Insula	●	○	●	○	●	○	○	●	○
8.4		Left AC gyrus	●	●	●	●	○	○	○	●	●
9	Stern, 2021	Left HPC	●	○	○	○	○	○	○	○	○
10	Cain, 2021 (2)	Left <u>Thal.</u>	●	○	●	●	○	○	○	●	○
TOTAL			53/104 (51%)								
TARGETING ERROR BETWEEN INITIAL TARGET AND MAXIMUM PRESSURE LOCATION			5.1 mm (± 3.6mm)								

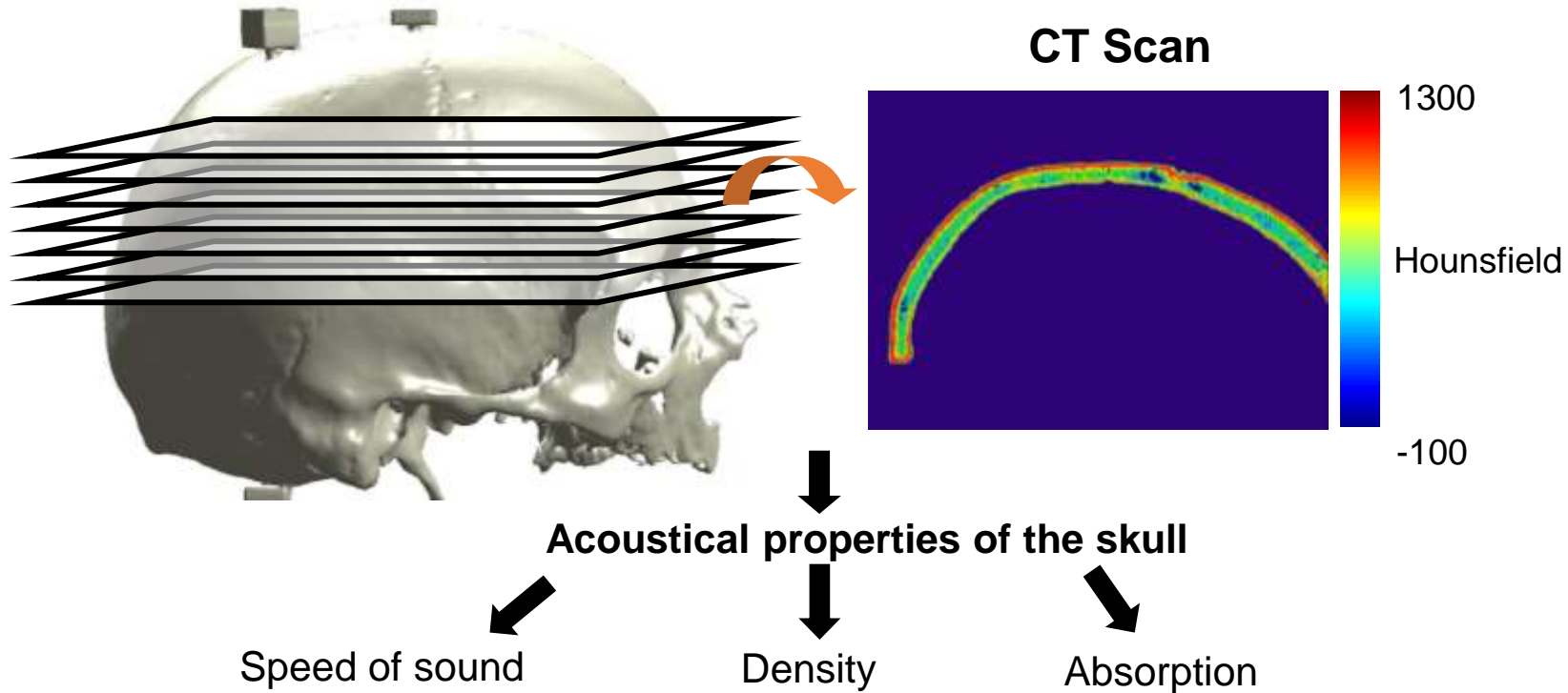
Challenge #1: focusing ultrasound waves through human skulls



Challenge #1: focusing ultrasound waves through human skulls



Focusing ultrasound waves through human skulls

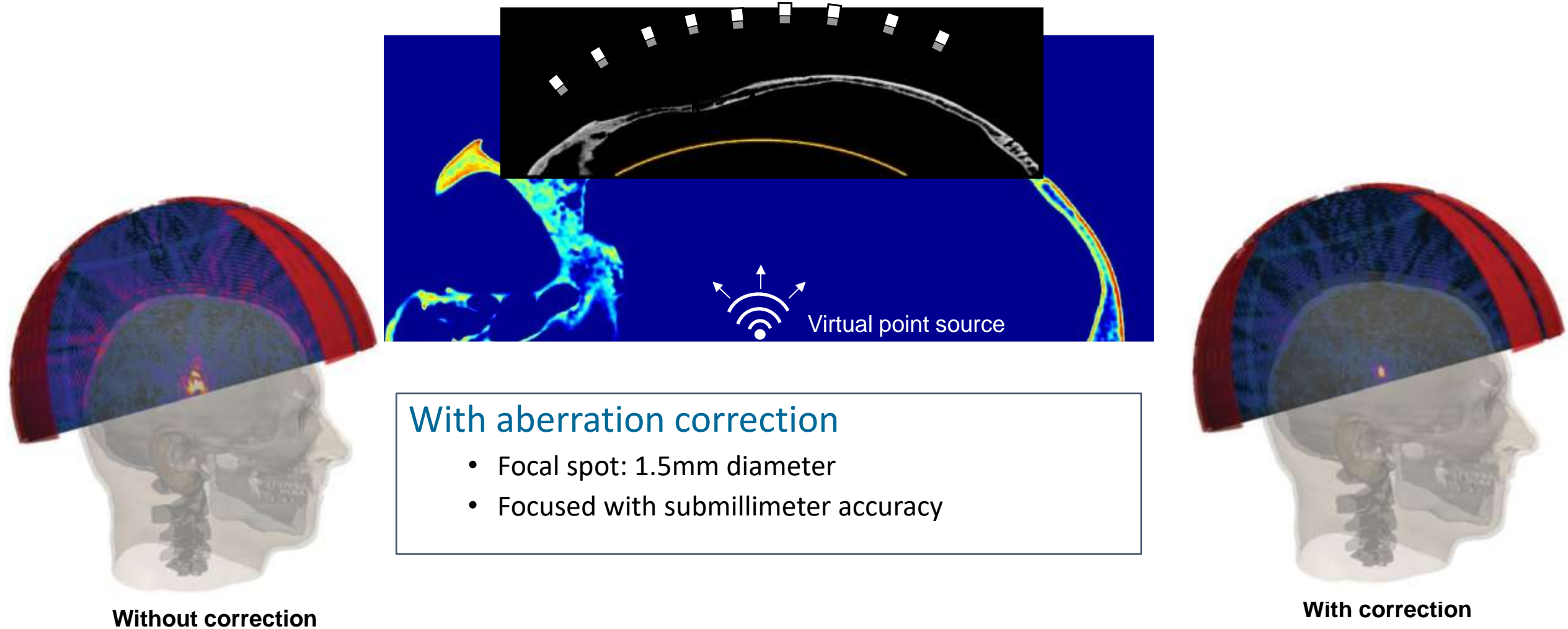


$$\rho(r) \operatorname{div} \left(\frac{\overrightarrow{\operatorname{grad}} p(r,t)}{\rho(r)} \right) - \frac{1}{c^2(r)} \frac{\partial^2 p(r,t)}{\partial t^2} = 0$$

Aubry JF et al, “Experimental demonstration of non invasive transskull adaptive focusing based on prior CT scans”, Journal of the Acoustical Society of America, 113 (1), pp 84-94, 2003.

Clement GT and Hynynen K: A non-invasive method for focusing ultrasound through the human skull. Phys Med Biol 47:1219–1236, 2002.

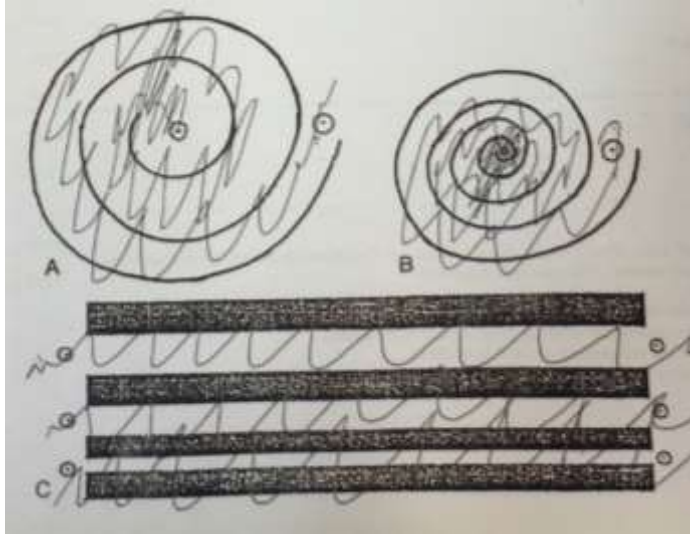
Focusing ultrasound waves through human skulls



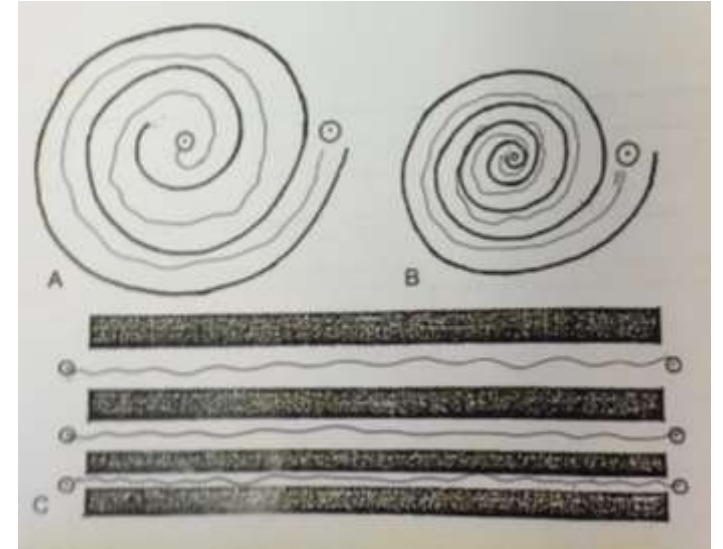
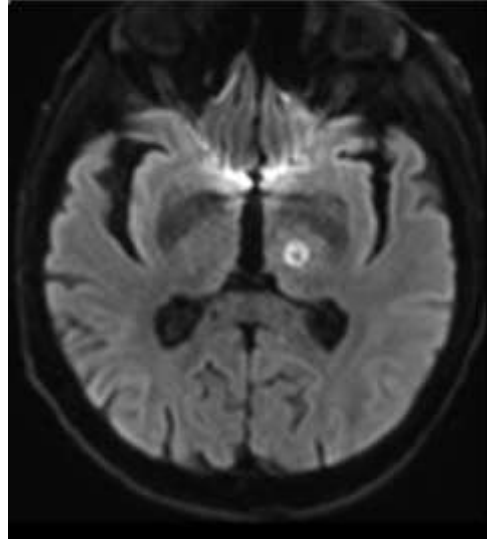
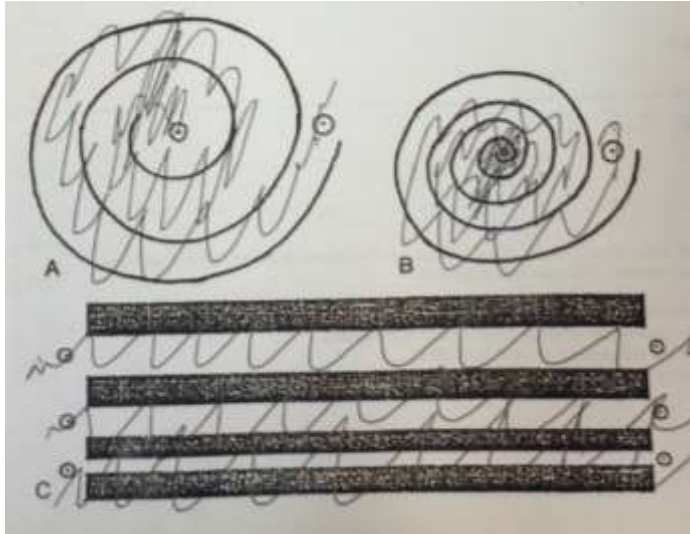
Kyriakou A et al. "A review of numerical and experimental compensation techniques for skull-induced phase aberrations in transcranial focused ultrasound." *International journal of hyperthermia* (2014)

Bancel T et al. "Comparison between ray-tracing and full-wave simulation for transcranial ultrasound focusing on a clinical system using the transfer matrix formalism." *IEEE transactions on ultrasonics, ferroelectrics, and frequency control* (2021)

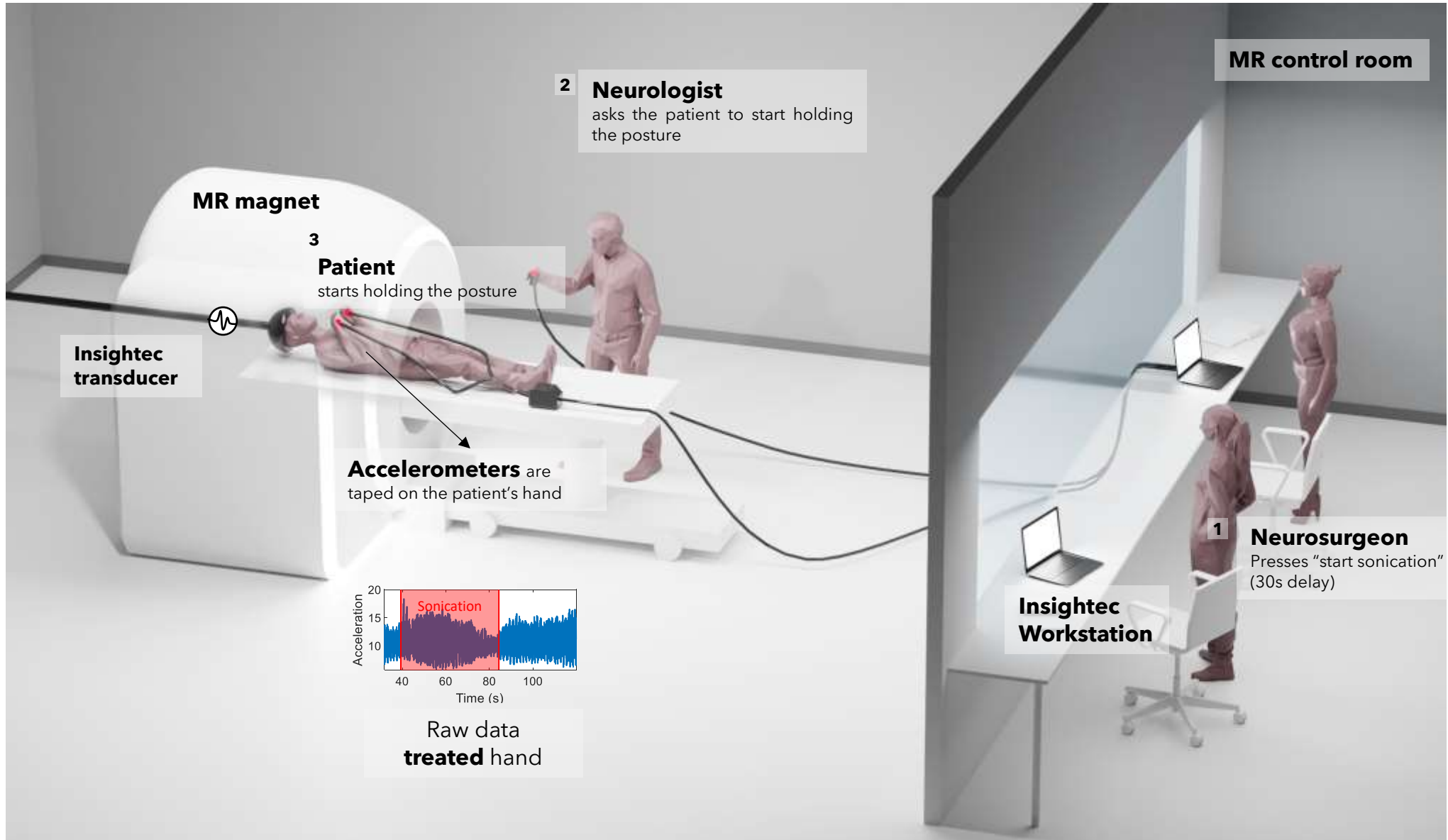
Treatment of Essential Tremor by thermal ablation with focused ultrasound



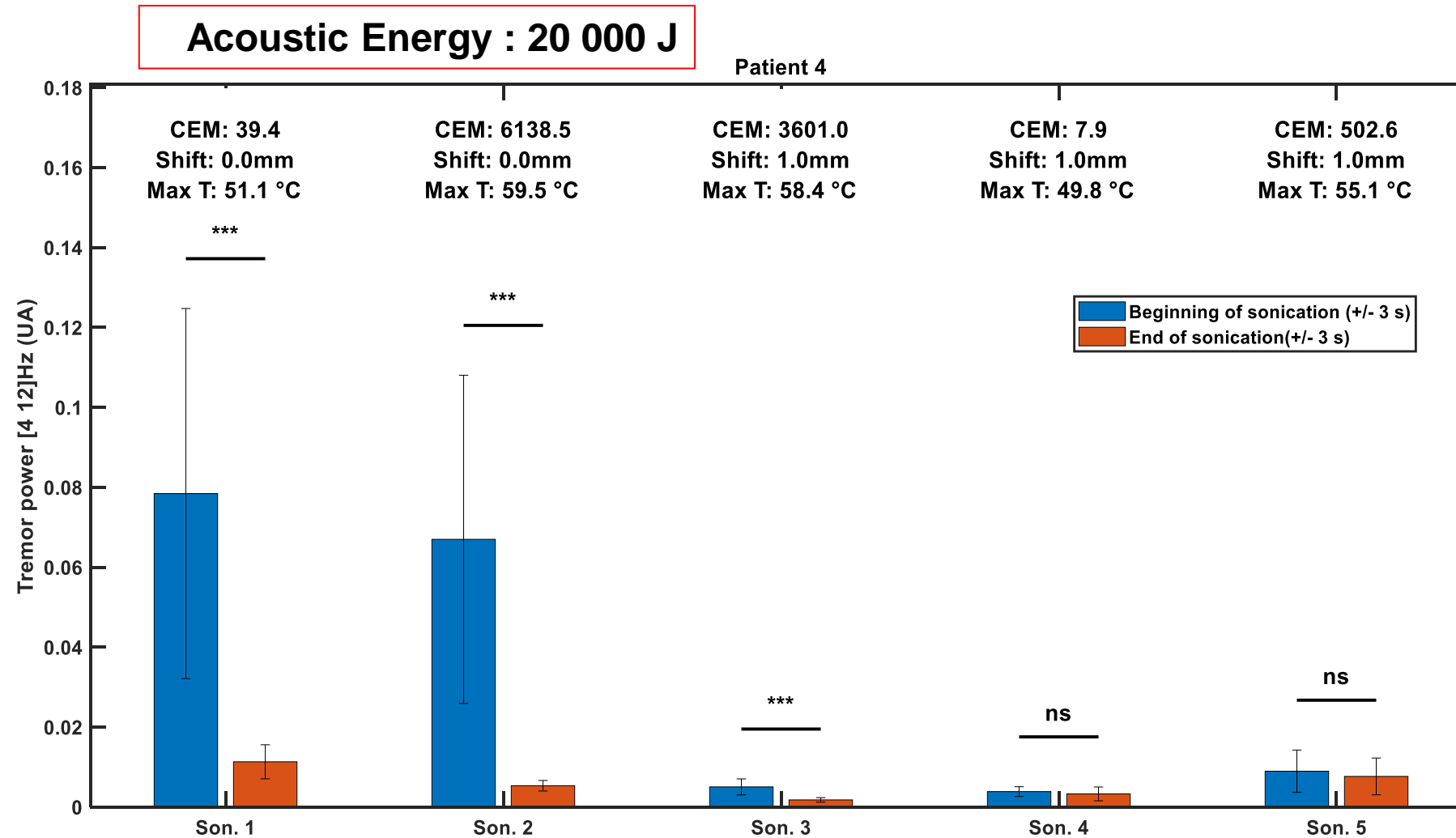
Treatment of Essential Tremor by thermal ablation with focused ultrasound



Tremor assessment during treatment



Effect of high intensity focused ultrasound



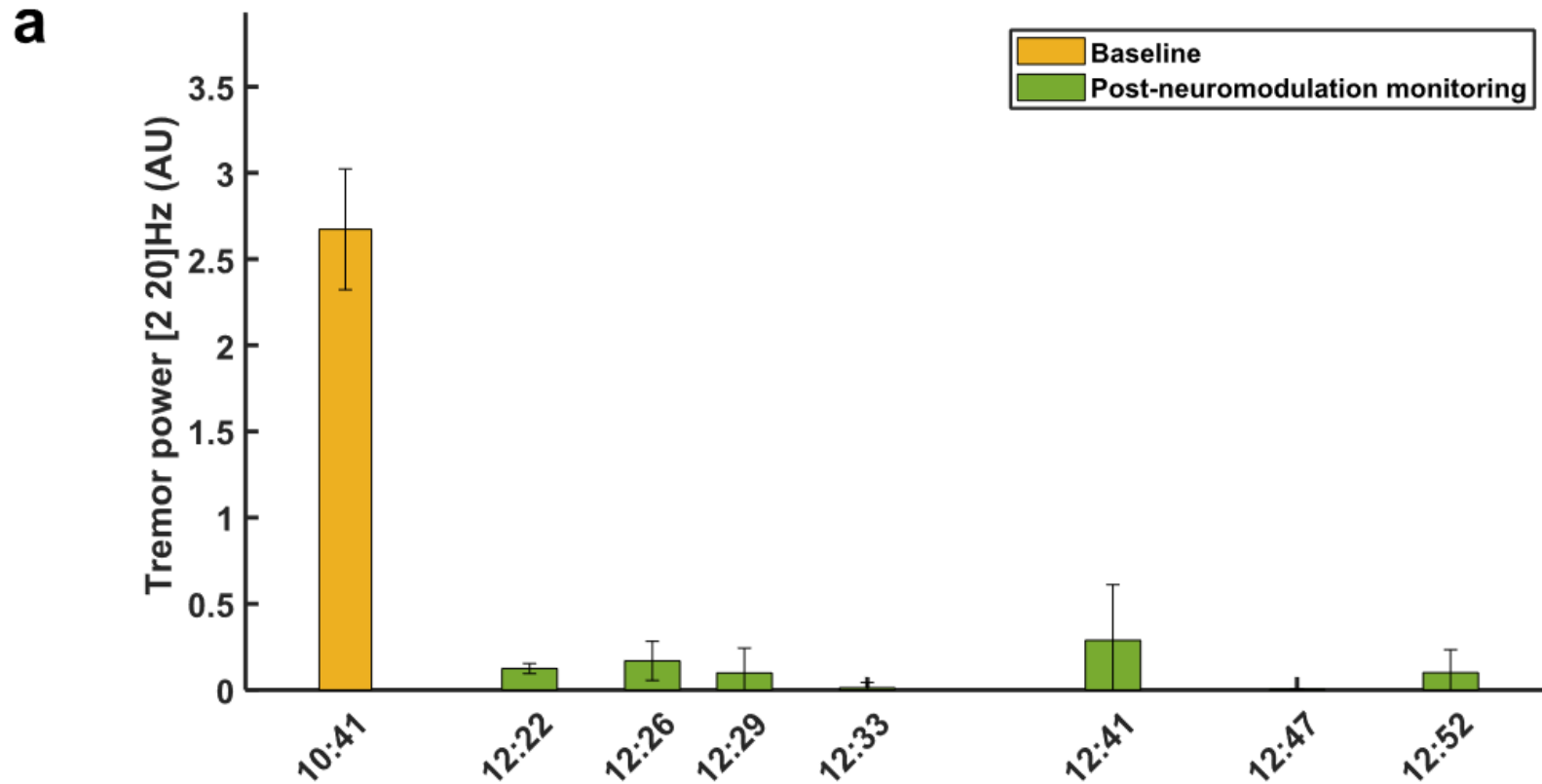
More than 90% reduction in tremor power

Neuromodulation in the thalamus with Exablate Neuro

Acoustic Energy : 8 J

Acoustic Energy : 8 J

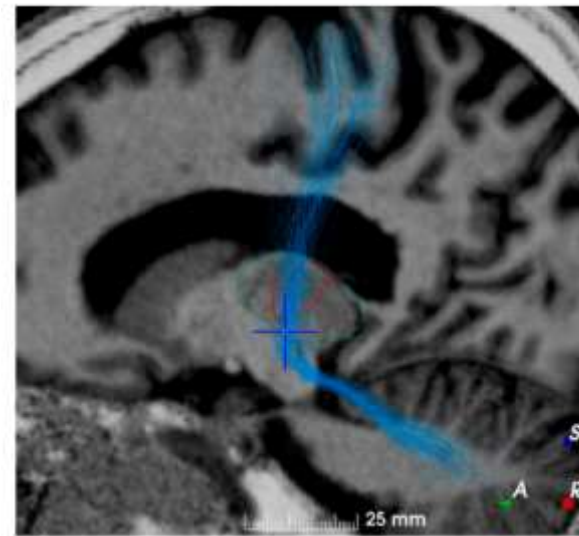
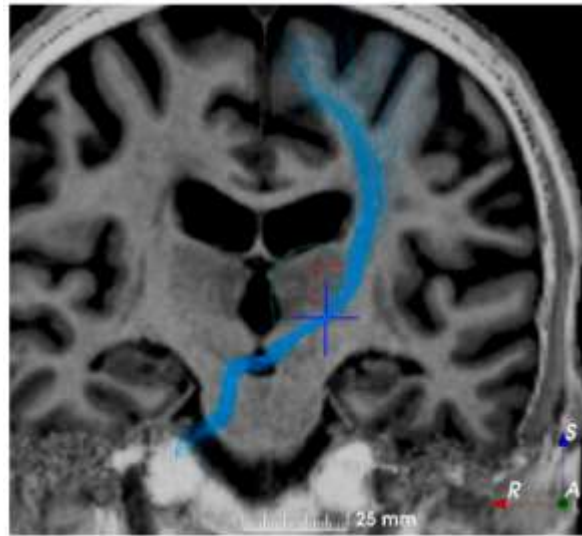
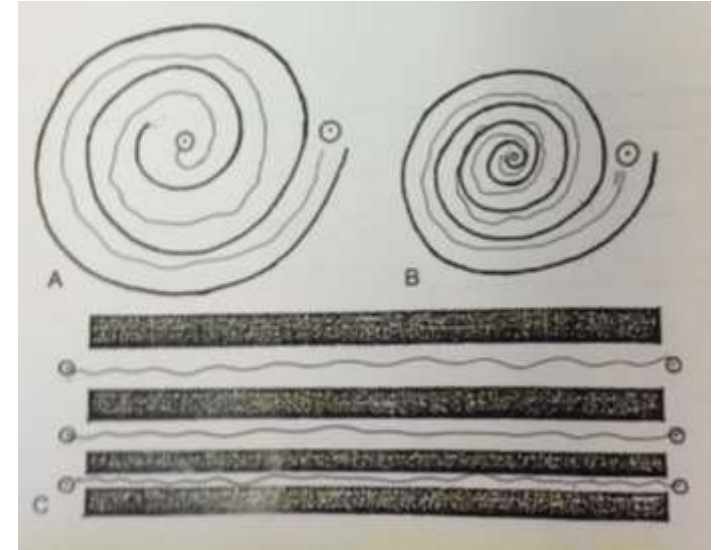
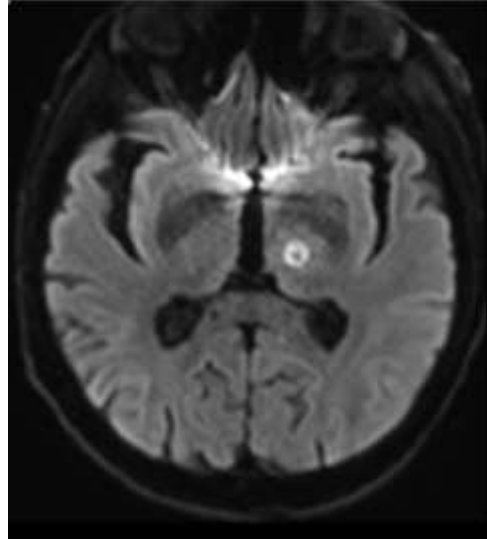
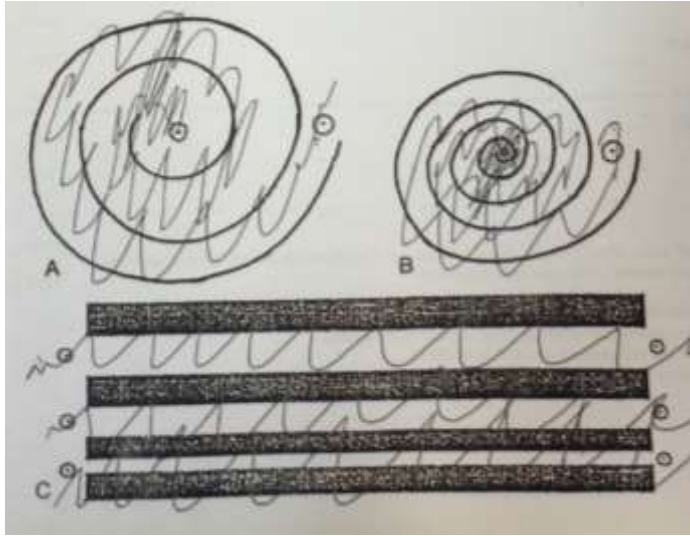
T. Bancel et al.



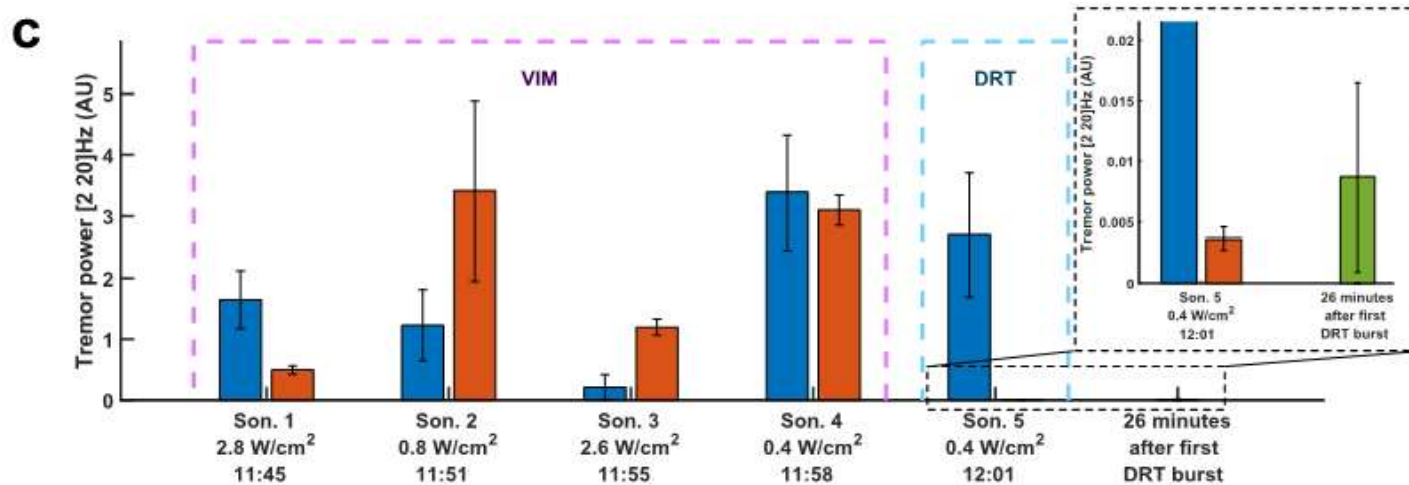
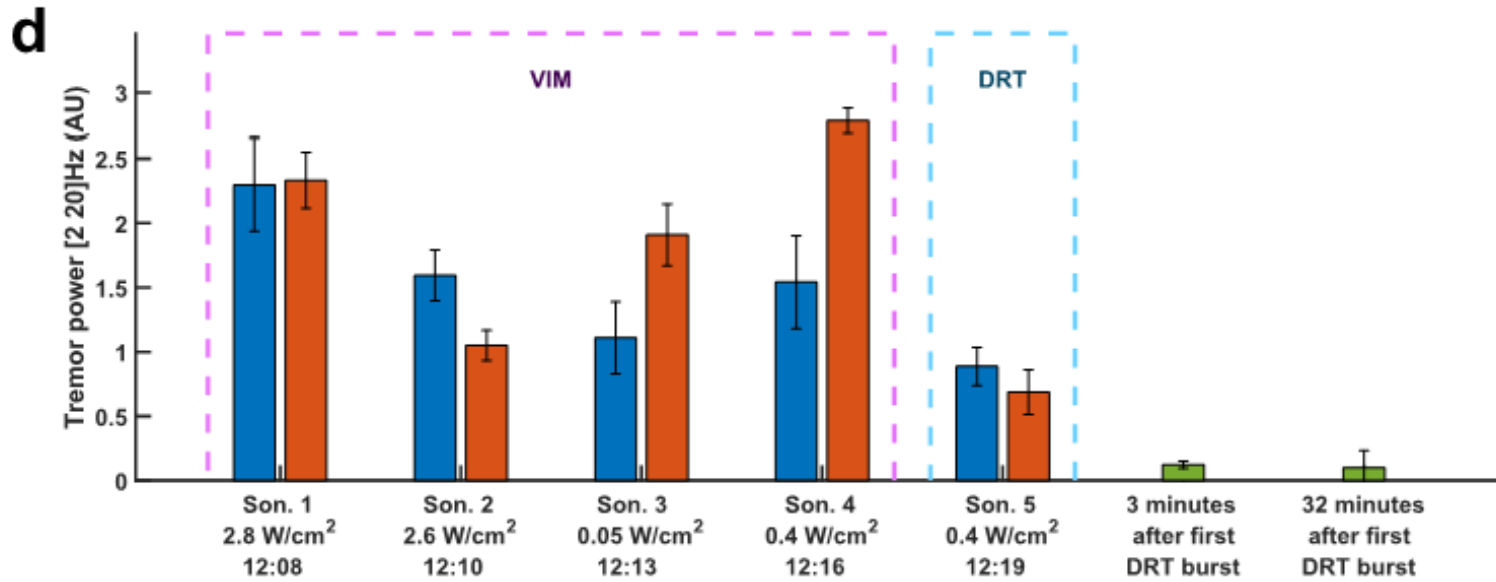
**96% reduction in tremor power
for 30min**

Bancel et al, Sustained reduction of essential tremor with low-power non-thermal transcranial focused ultrasound stimulations in humans, Brain Stimulation 2024

Treatment of Essential Tremor by thermal ablation with focused ultrasound



Neuromodulation in the thalamus with Exablate Neuro



Bancel et al, Sustained reduction of essential tremor with low-power non-thermal transcranial focused ultrasound stimulations in humans, Brain Stimulation 2024

Mahoney, James J., et al. "Low-intensity focused ultrasound targeting the nucleus accumbens as a potential treatment for substance use disorder: safety and feasibility clinical trial." *Frontiers in Psychiatry* 14 (2023): 1211566.

Opioids



Alcohol

Cocaine

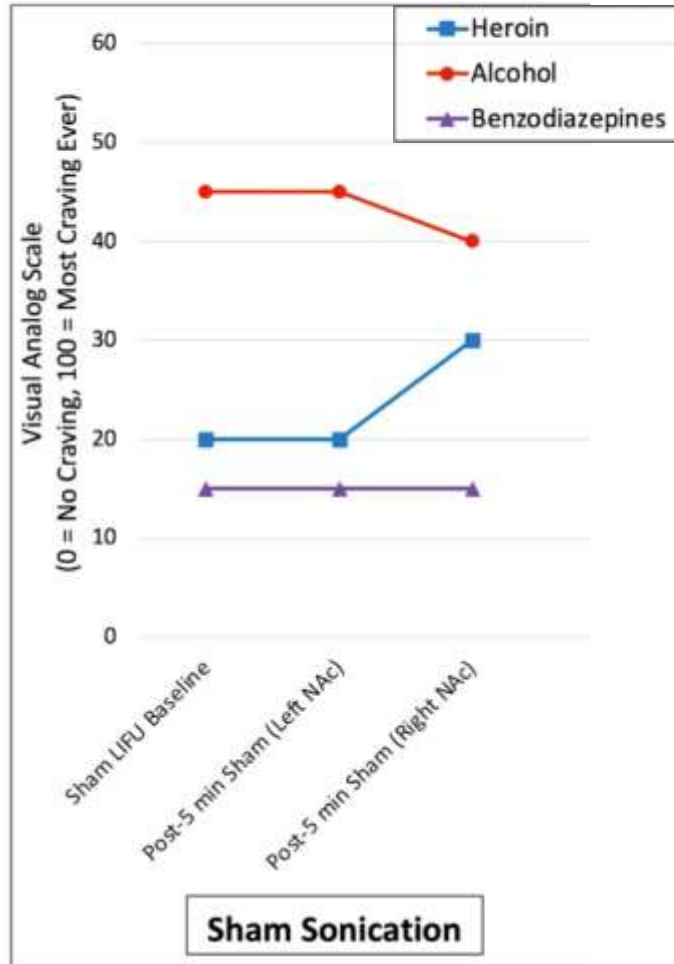


Mahoney, James J., et al. "Low-intensity focused ultrasound targeting the nucleus accumbens as a potential treatment for substance use disorder: safety and feasibility clinical trial." *Frontiers in Psychiatry* 14 (2023): 1211566.

Opioids



Subject #3 – Within Sonication Craving Ratings (Sham vs. Active LIFU)



Alcohol



Cocaine

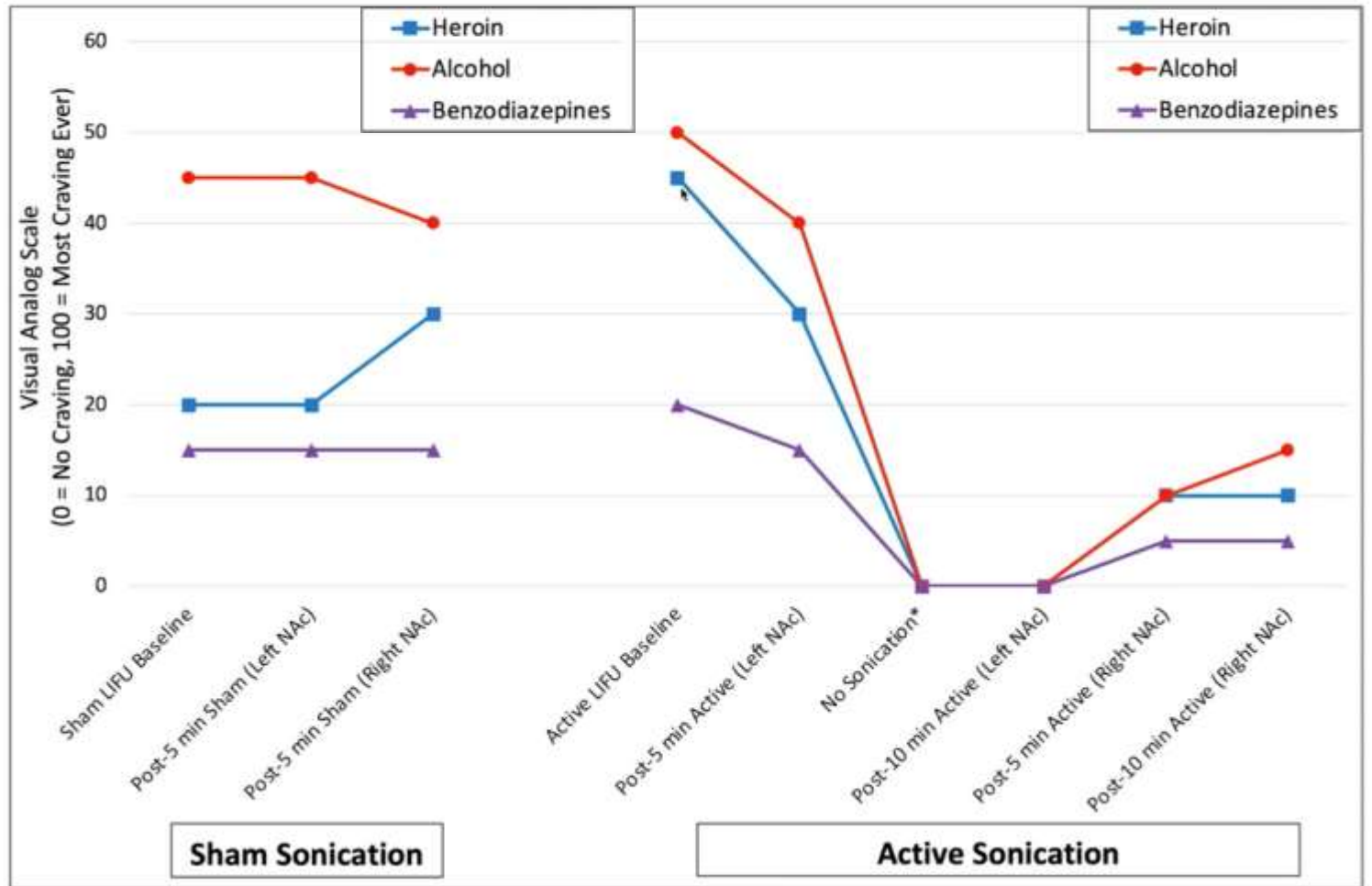


Mahoney, James J., et al. "Low-intensity focused ultrasound targeting the nucleus accumbens as a potential treatment for substance use disorder: safety and feasibility clinical trial." *Frontiers in Psychiatry* 14 (2023): 1211566.

Opioids



Subject #3 – Within Sonication Craving Ratings (Sham vs. Active LIFU)



*Additional VAS assessment completed during 5-minute pause in sonication



Alcohol

Cocaine



Mahoney, James J., et al. "Low-intensity focused ultrasound targeting the nucleus accumbens as a potential treatment for substance use disorder: safety and feasibility clinical trial." *Frontiers in Psychiatry* 14 (2023): 1211566.

Opioids

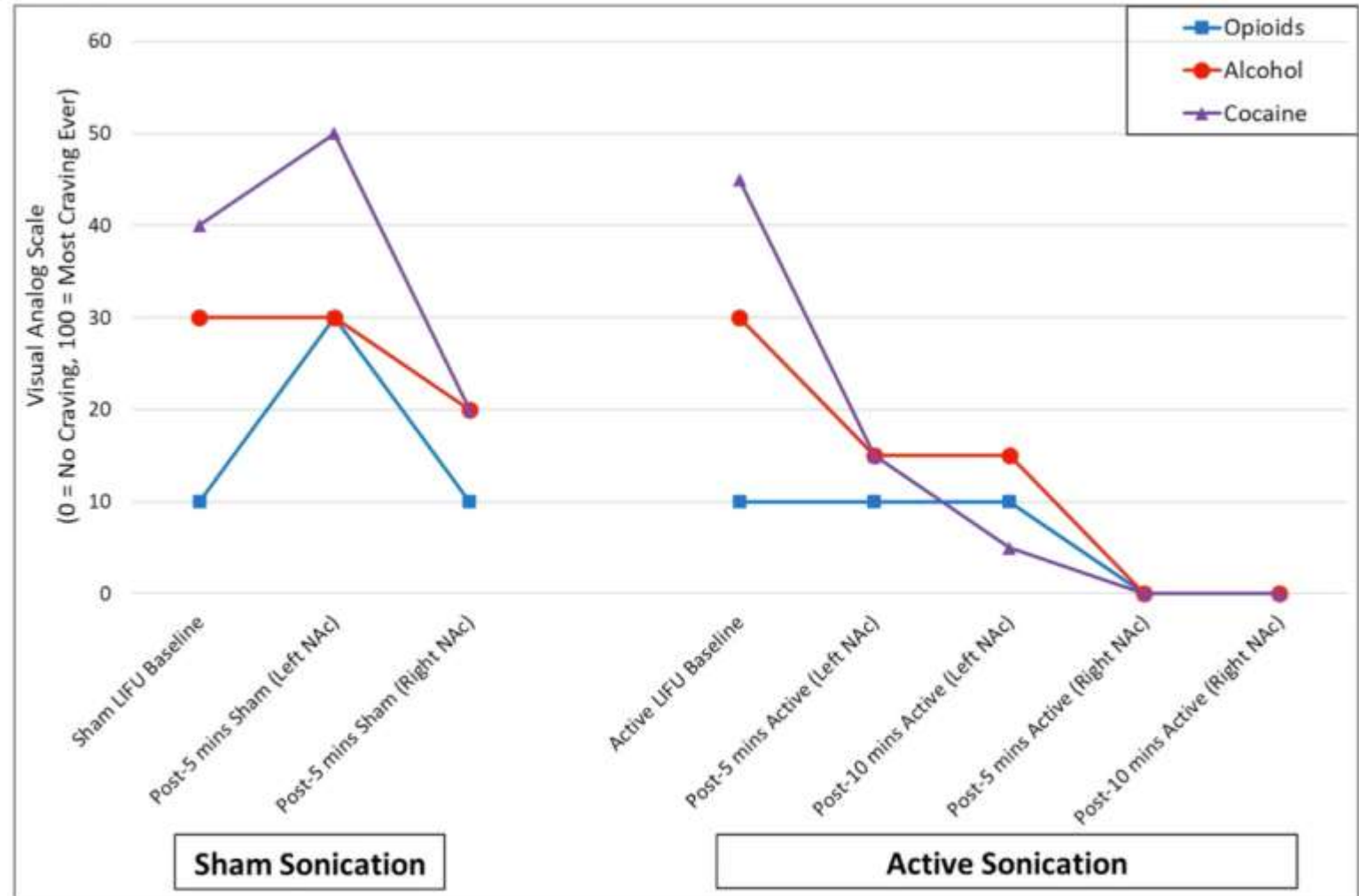


Alcohol

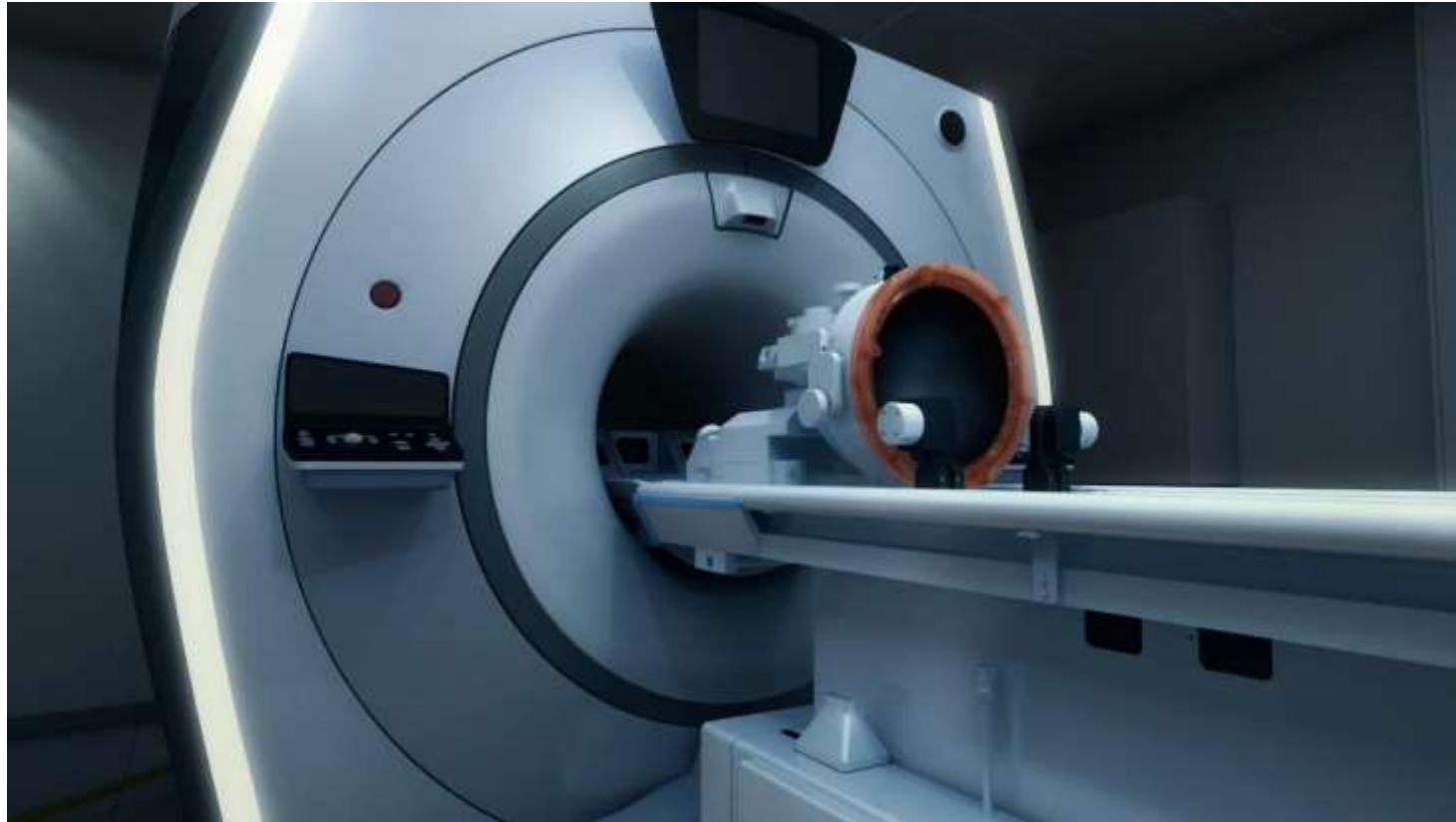
Cocaine



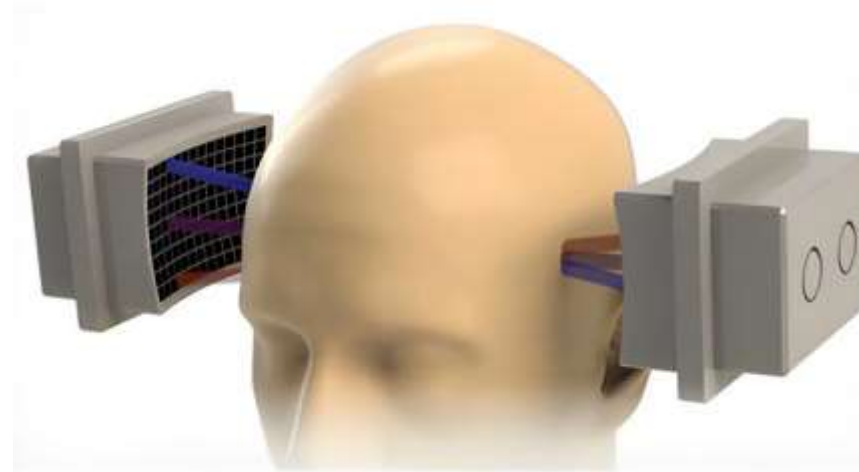
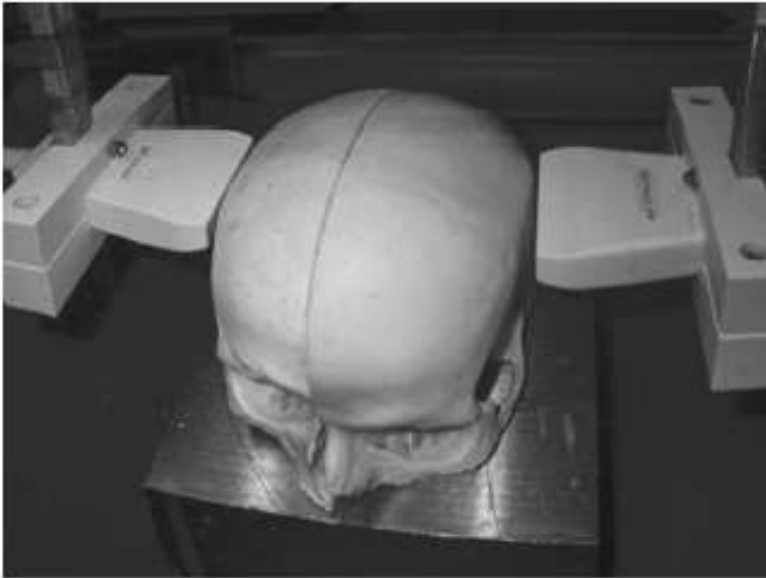
Subject #4 – Within Sonication Craving Ratings (Sham vs. Active LIFU)



Strong target engagement with aberration correction. What is the price to pay?

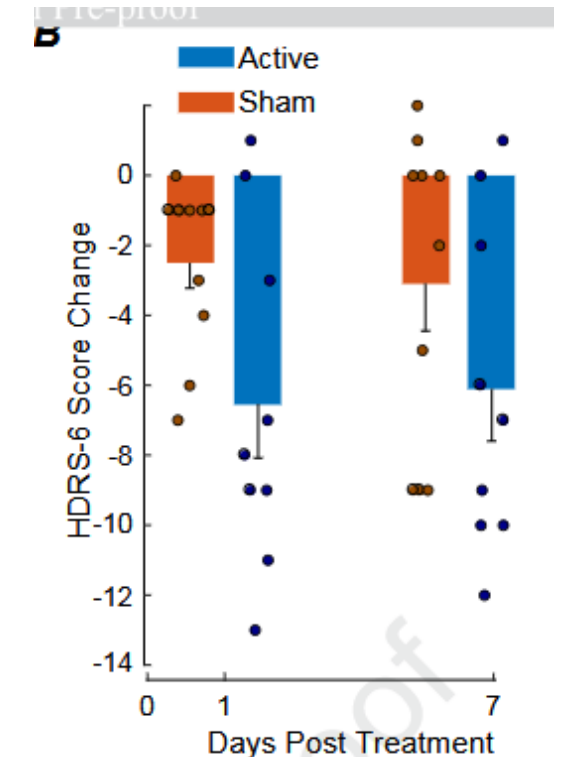
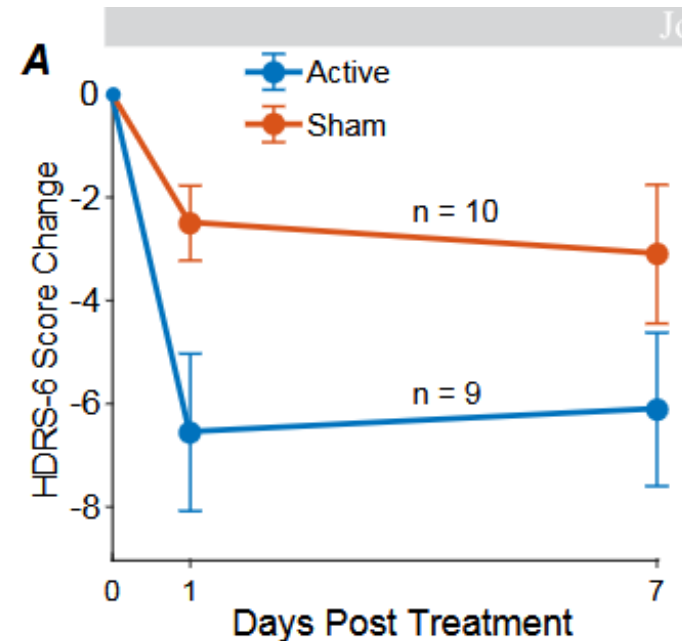


Decreasing the number of elements from 1024 to 256



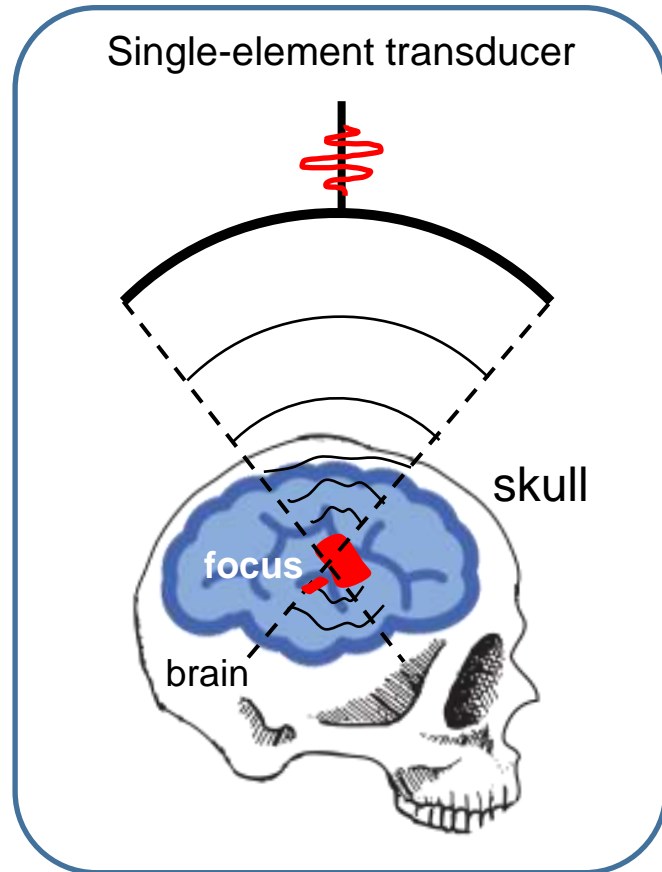
Riis, T., Feldman, D., Losser, A., Mickey, B., & Kubanek, J. (2023). Device for multifocal delivery of ultrasound into deep brain regions in humans. *IEEE TBME*

Vignon F, Aubry J-F, Tanter M, Margoum A, & Fink, M (2006). Adaptive focusing for transcranial ultrasound imaging using dual arrays. *The Journal of the Acoustical Society of America*

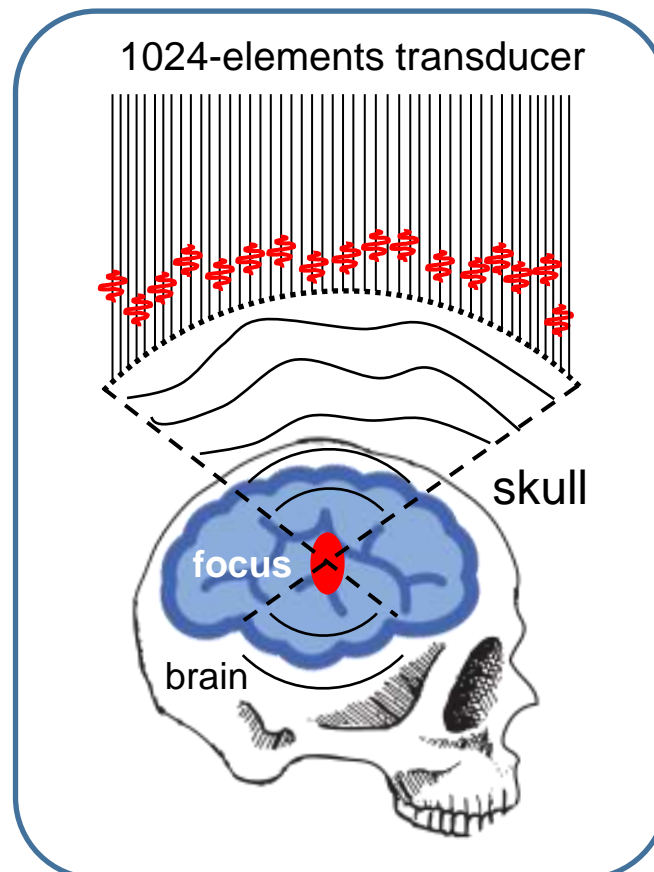


Riis, T., et al. "Noninvasive modulation of subcallosal cingulate and depression with focused ultrasonic waves." *Biological Psychiatry* (2024).

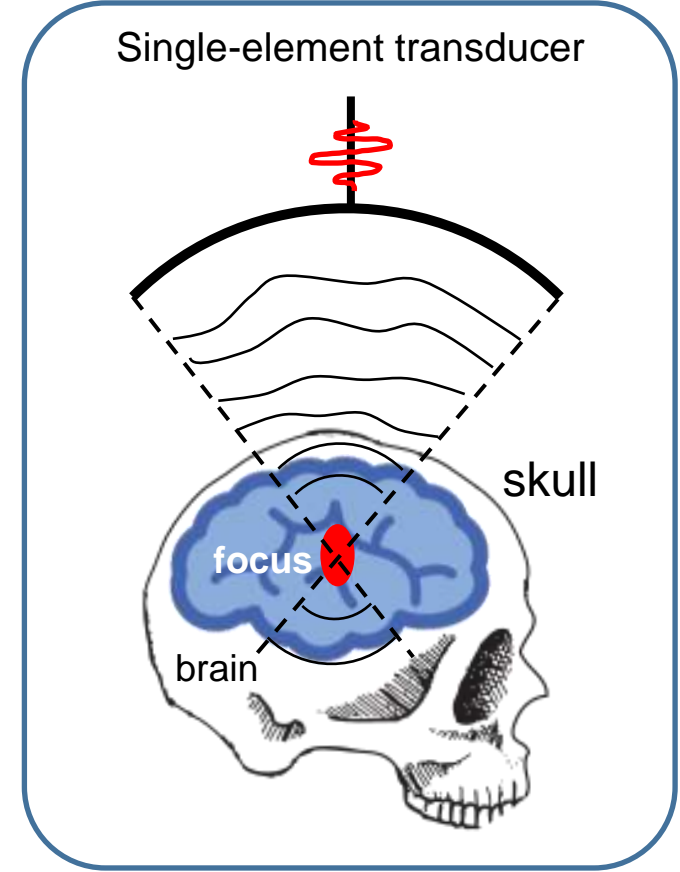
Transcranial focusing: the next revolution



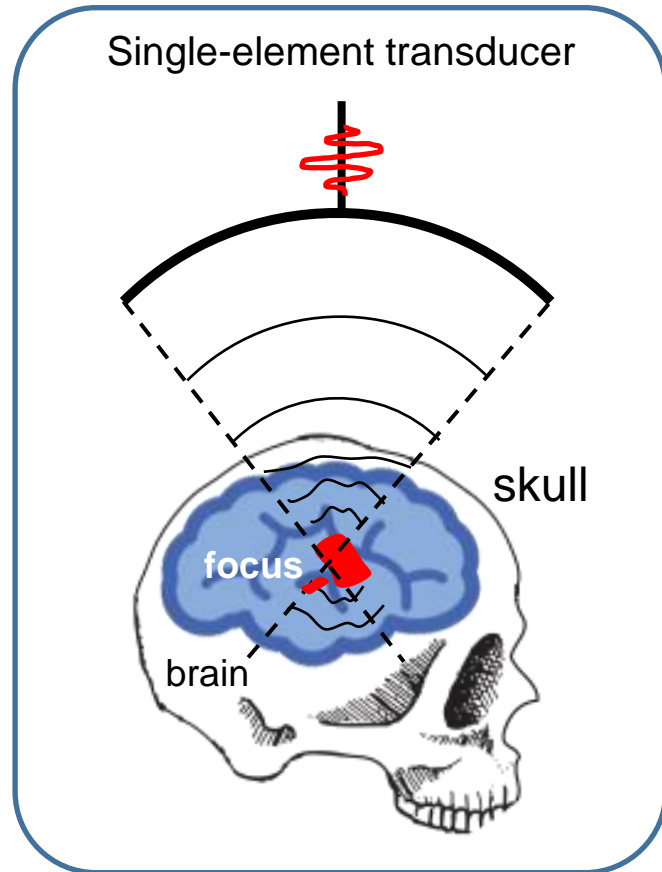
Single element transcranial Focused Ultrasound without correction



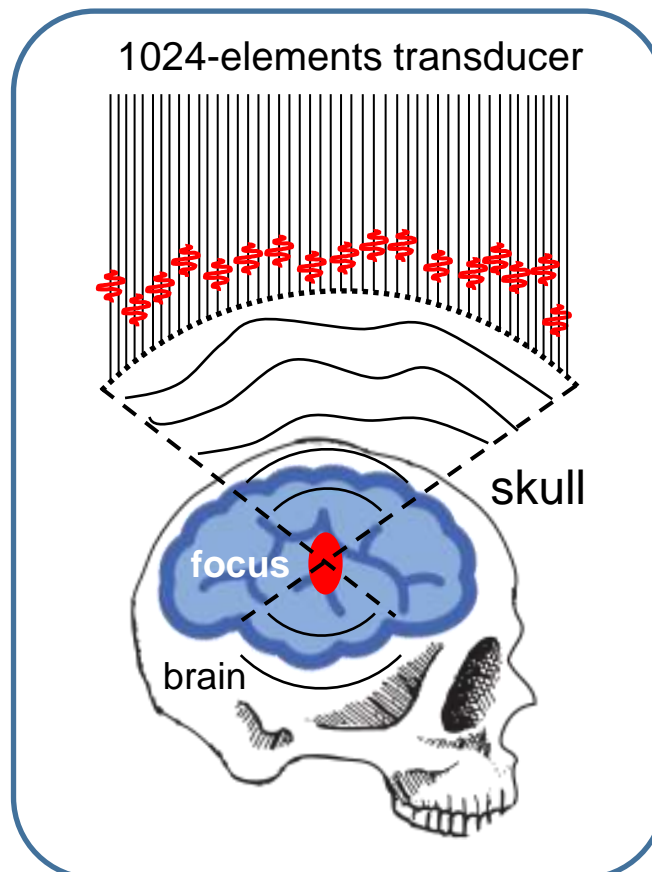
Multielement Transcranial Focused Ultrasound



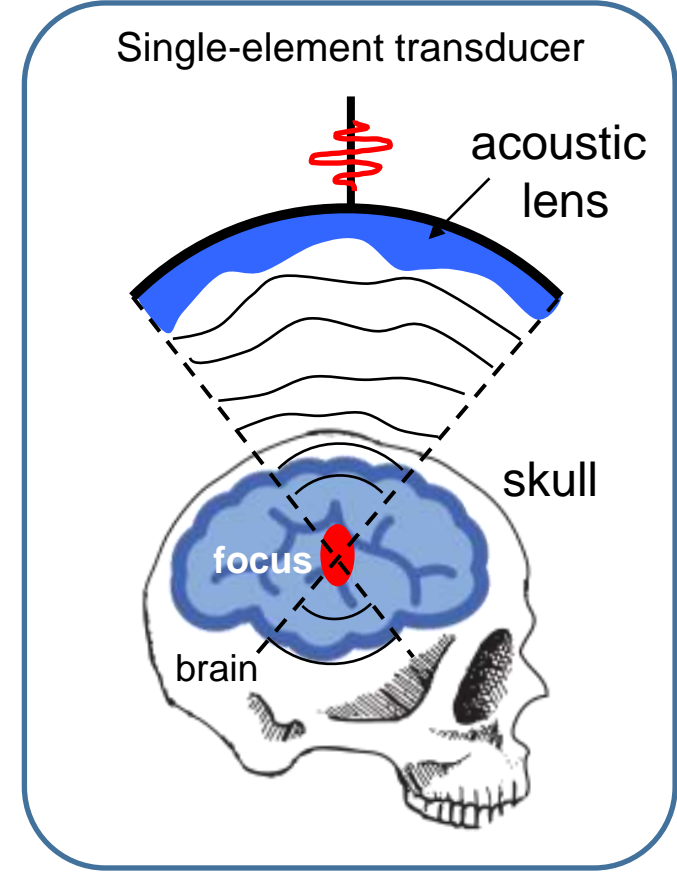
Transcranial focusing: the next revolution



Single element transcranial Focused Ultrasound without correction



Multielement Transcranial Focused Ultrasound

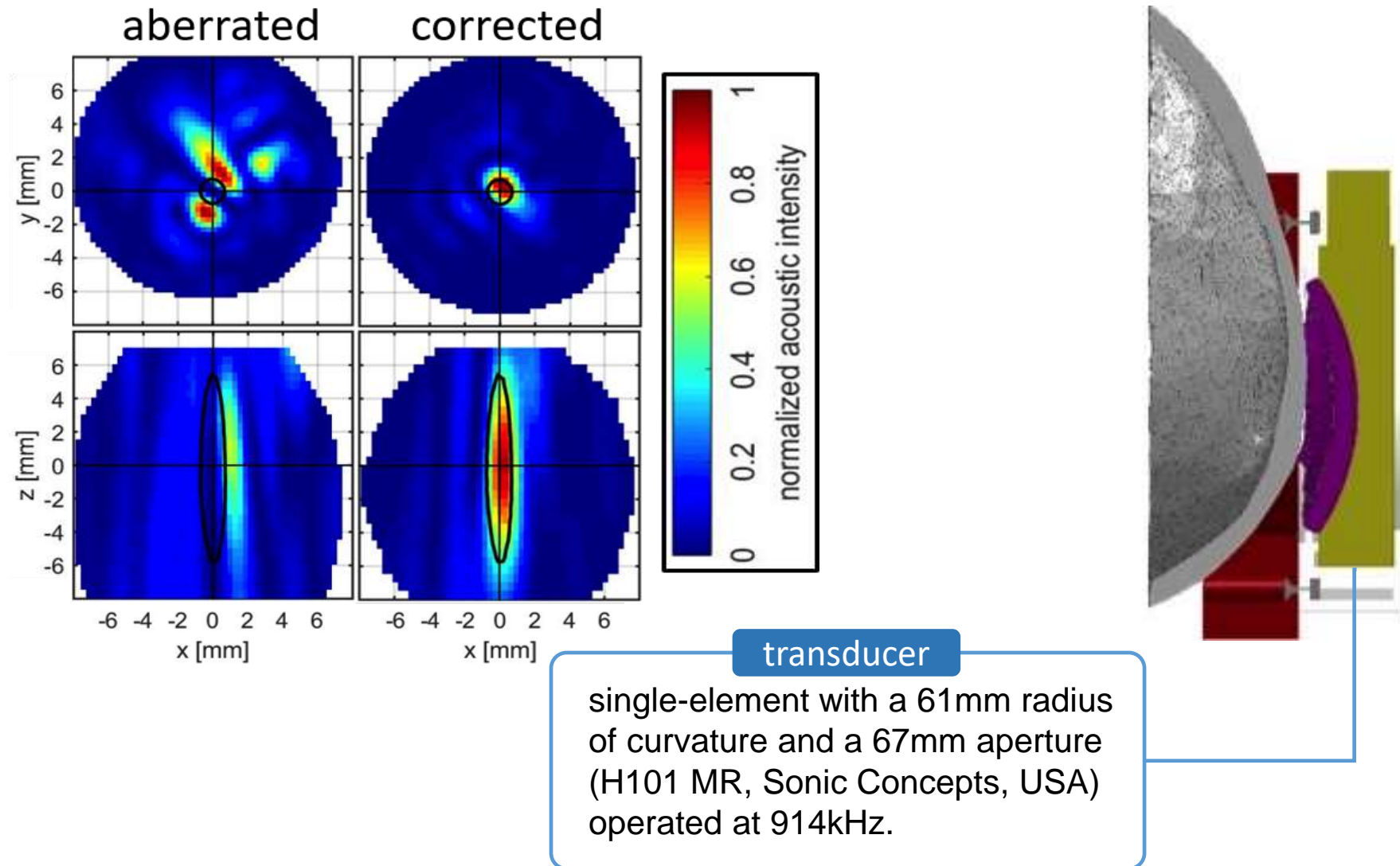


Transcranial Focused Ultrasound with acoustic lens

Aubry et al, WO 2017001781 Patent, July 2015

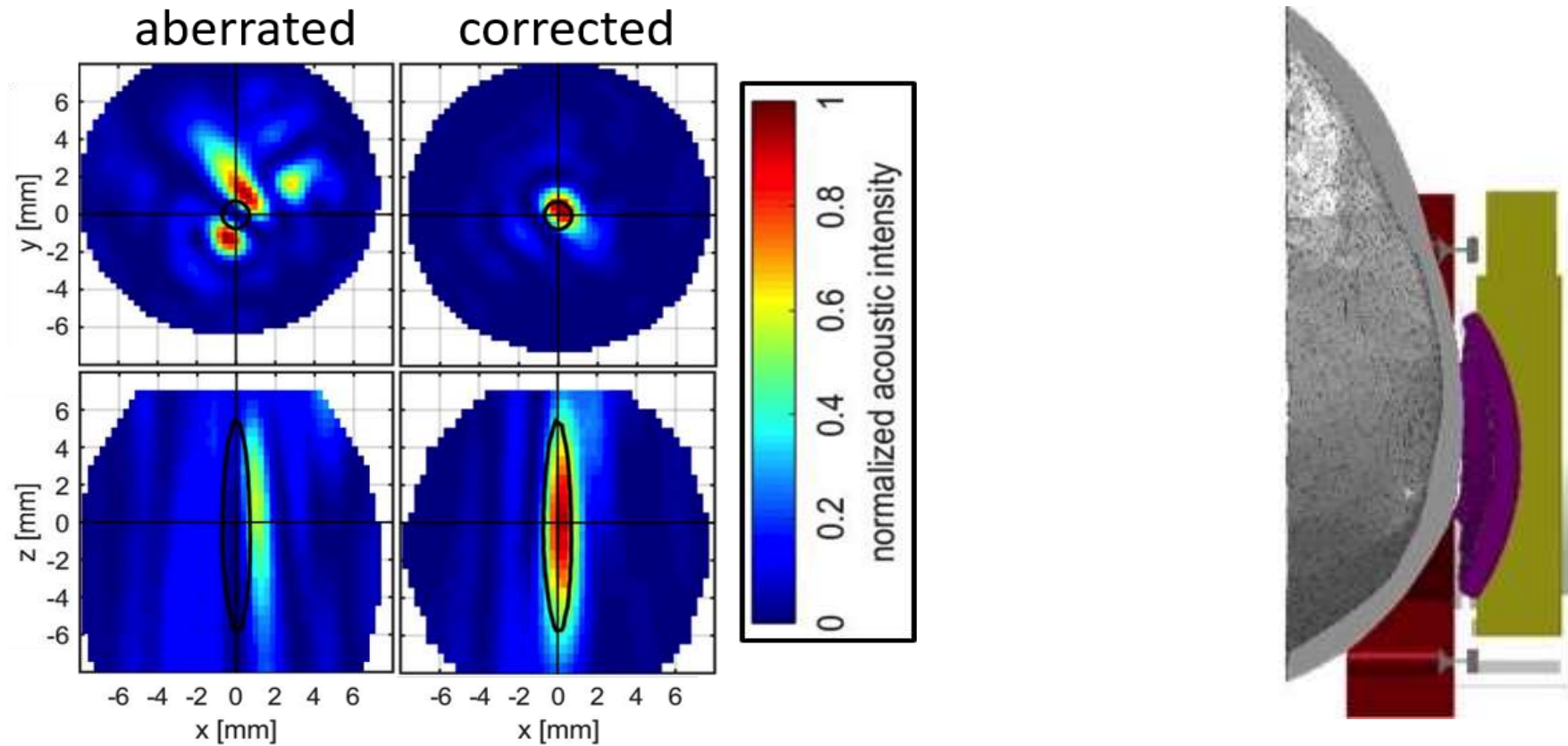
Maimbourg et al, 3D-printed adaptive acoustic lens as a disruptive technology for transcranial ultrasound therapy using single-element transducers, Physics in Medicine & Biology 2018

Technological breakthrough: towards low cost transcranial focusing



Maimbourg et al, 3D-printed adaptive acoustic lens as a disruptive technology for transcranial ultrasound therapy using single-element transducers, *Physics in Medicine & Biology* 2018

Technological breakthrough: towards low cost transcranial focusing



	skull A	skull B	skull C	mean ± std
aberrated	1.2W/cm ²	1.3W/cm ²	1.3W/cm ²	1.3 ± 0.1 W/cm ²
corrected	18W/cm ²	12W/cm ²	9.2W/cm ²	13 ± 4.5 W/cm ²

Maimbourg et al, 3D-printed adaptive acoustic lens as a disruptive technology for transcranial ultrasound therapy using single-element transducers, *Physics in Medicine & Biology* 2018

Impact of the lens on the precision of the targeting

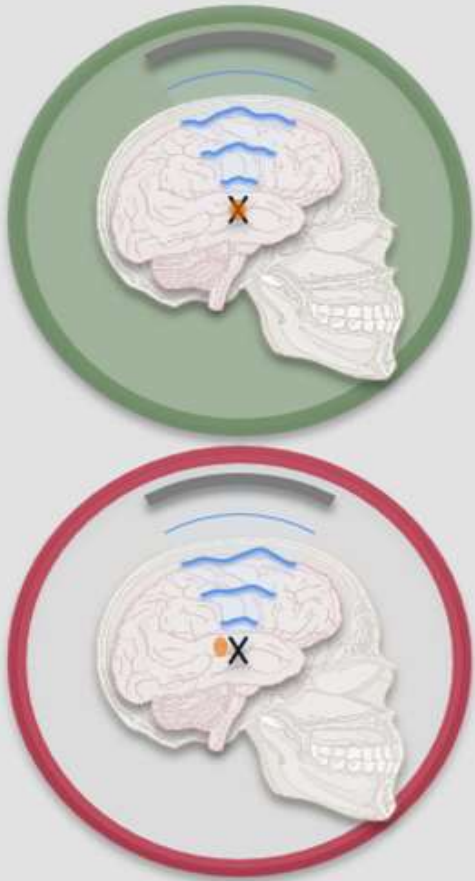
TARGET ENGAGEMENT
(at least one point of the
50% isodose hits the target)



STUDY	AUTHOR, YEAR	TUS TARGET	No Correction								
			1	2	3	4	5	6	7	8	
1	Monti, 2016	Right Thal.	●	○	○	○	○	○	○	●	○
2	Ai, 2016	Left Caudate	●	●	○	○	○	○	○	●	○
3	Legon, 2018	Left Thal.	●	●	●	●	○	○	○	●	○
4	Badran, 2020	Right Thal.	●	○	○	○	○	○	○	●	○
5	Brinker, 2020	Left HPC	●	○	●	○	○	○	○	●	○
6	Cain, 2021 (1)	Left Pallidus	●	○	○	○	○	○	○	●	●
7	Jeong, 2021	Right HPC	●	●	●	●	●	●	●	●	●
8.1	Lee, 2022	Left PM Gyrus	●	●	●	●	●	●	●	●	●
8.2		Left HPC	●	○	○	●	○	○	○	●	○
8.3		Right Insula	●	○	●	○	●	○	○	●	○
8.4		Left AC gyrus	●	●	●	●	○	○	○	●	●
9	Stern, 2021	Left HPC	●	○	○	○	○	○	○	○	○
10	Cain, 2021 (2)	Left Thal.	●	○	●	●	○	○	○	●	○
TOTAL			53/104 (51%)								
TARGETING ERROR BETWEEN INITIAL TARGET AND MAXIMUM PRESSURE LOCATION			5.1 mm (± 3.6mm)								

Impact of the lens on the precision of the targeting

TARGET ENGAGEMENT
(at least one point of the 50% isodose hits the target)



STUDY	AUTHOR, YEAR	TUS TARGET	No Correction								Correction with an Acoustic Lens								
			1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	
1	Monti, 2016	Right Thal.	●	○	○	○	○	○	○	○	○	●	●	●	●	●	●	●	●
2	Ai, 2016	Left Caudate	●	●	○	○	○	○	○	○	○	●	●	●	●	●	●	●	●
3	Legon, 2018	Left Thal.	●	●	●	●	○	○	○	○	○	●	●	●	●	●	●	●	●
4	Badran, 2020	Right Thal.	●	○	○	○	○	○	○	○	○	●	●	●	●	●	●	●	●
5	Brinker, 2020	Left HPC	●	○	●	○	○	○	○	○	○	●	●	●	●	●	●	●	●
6	Cain, 2021 (1)	Left Pallidus	●	○	○	○	○	○	○	○	○	●	●	●	●	●	●	●	●
7	Jeong, 2021	Right HPC	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
8.1	Lee, 2022	Left PM Gyrus	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
8.2		Left HPC	●	○	○	○	○	○	○	○	○	●	●	●	●	●	●	●	●
8.3		Right Insula	●	○	○	○	○	○	○	○	○	●	●	●	●	●	●	●	●
8.4		Left AC gyrus	●	●	●	●	○	○	○	○	○	●	●	●	●	●	●	●	●
9	Stern, 2021	Left HPC	●	○	○	○	○	○	○	○	○	●	●	●	●	●	●	●	●
10	Cain, 2021 (2)	Left Thal.	●	○	○	○	○	○	○	○	○	●	●	●	●	●	●	●	●
TOTAL			53/104 (51%)								104/104 (100%)								
TARGETING ERROR BETWEEN INITIAL TARGET AND MAXIMUM PRESSURE LOCATION			5.1 mm (± 3.6mm)								1.5 mm (± 1.7mm)								

Comparison with measurements:

Gimeno et al. (2019) IEEE IUS: 4.4 mm (± 3.2mm) without correction

Unpublished Result, Manuscript under preparation.

SonoMind



Electromagnetic compatibility and electrical safety

Certified by a notified body:
LCIE Bureau Veritas



**BUREAU
VERITAS**

Shaping a World of Trust

- radiation emission
- electrostatic discharge
- RF electromagnetic fields
- leakage current
- dielectric strength test of solid insulating material
- excessive temperatures in the equipment
- proximity fields from RF wireless communications



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Mechanical safety

==> Mechanical Index < 1.9
(associated with the absence of mechanical risks according to standards for ultrasound imaging)



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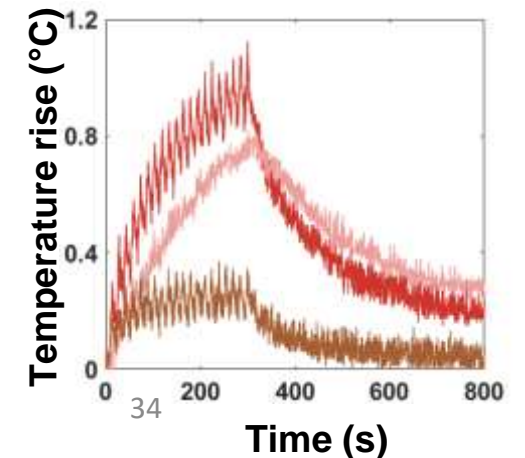
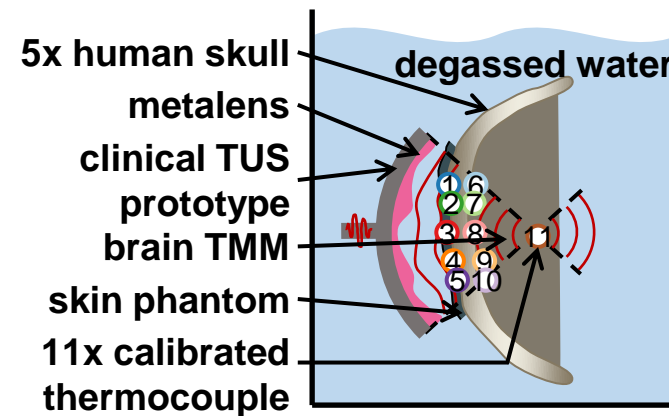
Thermal safety

Calibrated measurements in free water
==> Cranial Thermal Index < 2

Measurements on 5 ex vivo skulls

==> Thermal Rise < 2°C

(safe according to standards for MRI and implantable devices)



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Low-intensity focused ultrasound stimulation in stroke: An intensity escalation phase I safety and feasibility study

Ziping Huang, MS^{1,2*}; Charalambos C. Charalambous, PhD^{1*}; Mengyue Chen, MS³; Taewon Kim, PhD^{4,5}; Estate Sokhadze, PhD¹; Allen Song, PhD⁶; Sin-Ho Jung, PhD⁷; Shashank Shekhar, MD¹; Jody Feld, PhD^{1,8}; Xiaoning Jiang, PhD³; Wuwei Feng, MD, MS^{1,2}

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⁵Department of Kinesiology, Pennsylvania State University

⁶Duke Brain Imaging and Analysis Center, Duke University School of Medicine

⁷Department of Biostatistics and Bioinformatics, Duke University School of Medicine

⁸Department of Orthopaedic Surgery, Duke University School of Medicine

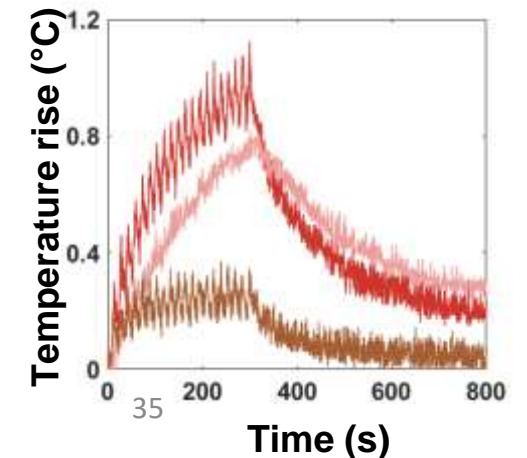
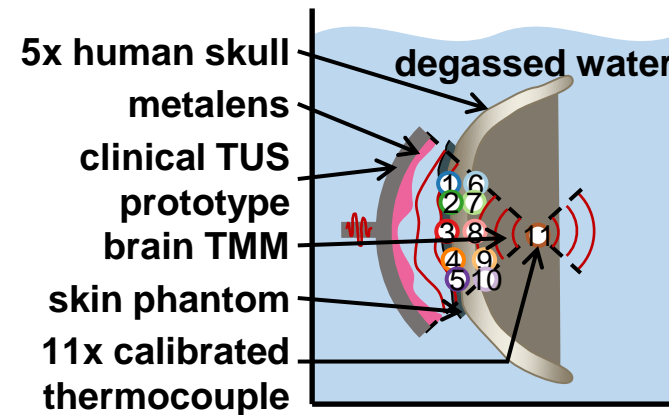
*These authors contributed equally to this work.

Although no stopping rules were met, one participant (4 W/cm²) suffered a first-degree scalp burn with mild pain sensation that resolved on the next day.

Thermal safety

Calibrated measurements in free water
==> Cranial Thermal Index < 2

Measurements on 5 ex vivo skulls
==> Thermal Rise < 2°C
(safe according to standards for MRI and implantable devices)



SonoMind



On going clinical trial
on drug resistant depression



GHU PARIS
PSYCHIATRIE &
NEUROSCIENCES



Dr M. Plaze



Dr D. Attali

Work supported by:



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ANR-10-EQPX-15



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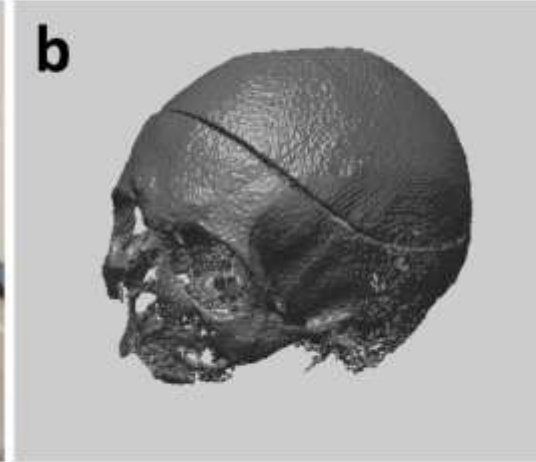


MR skull imaging correction as an alternative to CT based correction

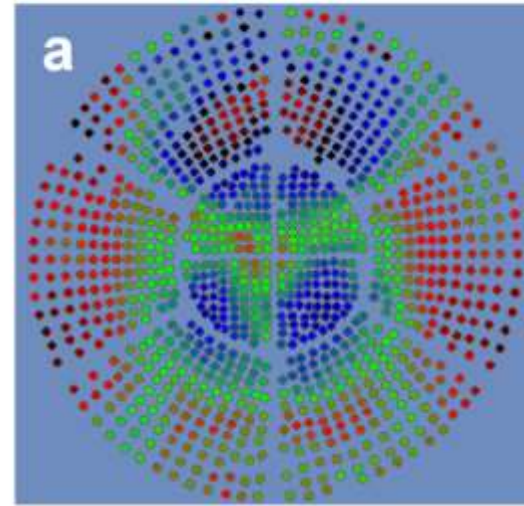
Photograph



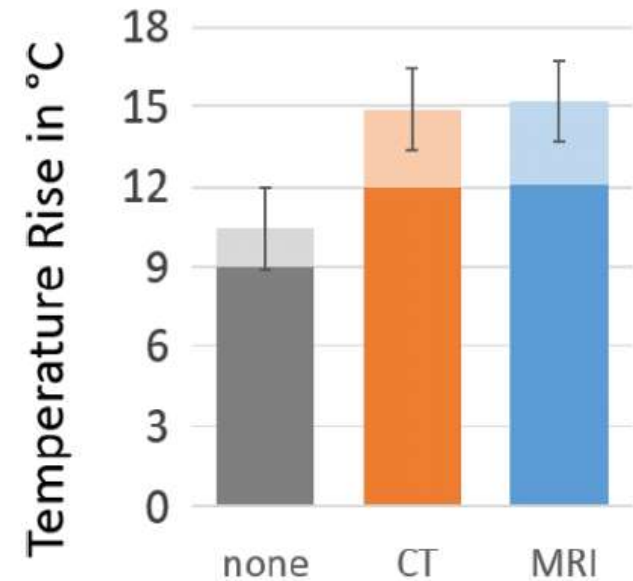
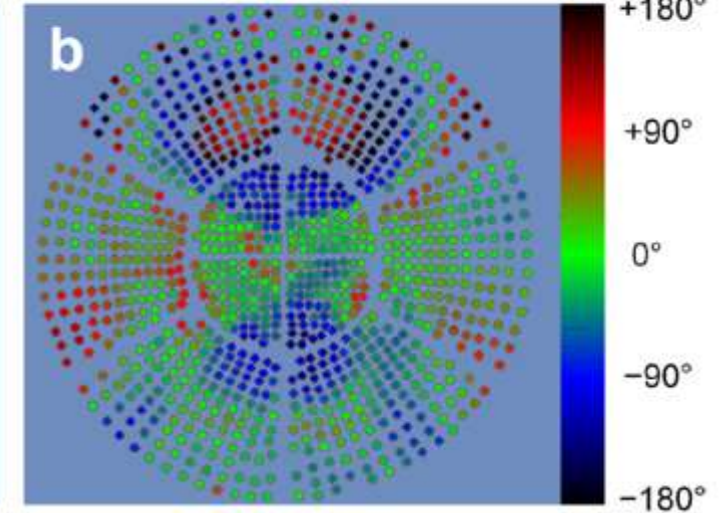
MR-bone imaging (UTE)



UTE-based phase corrections

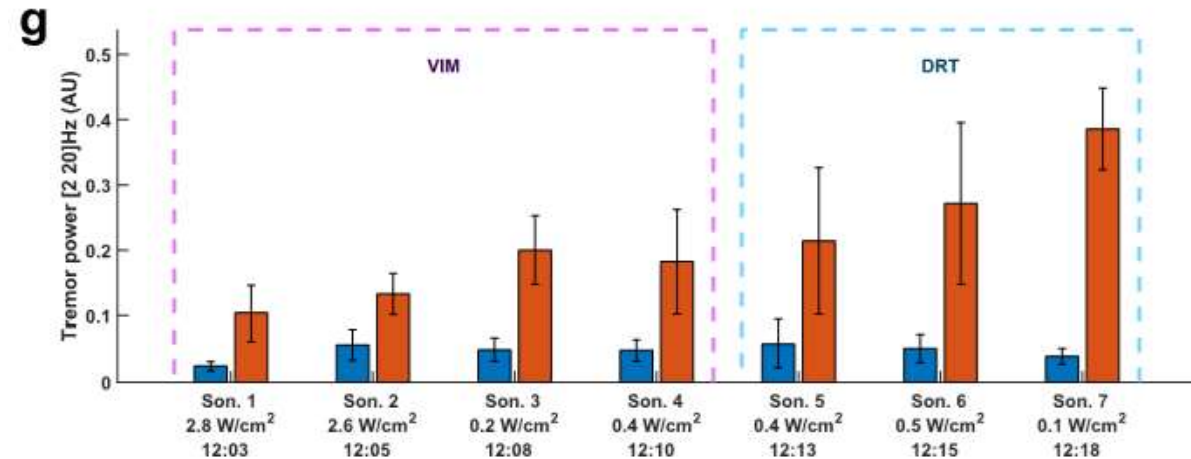
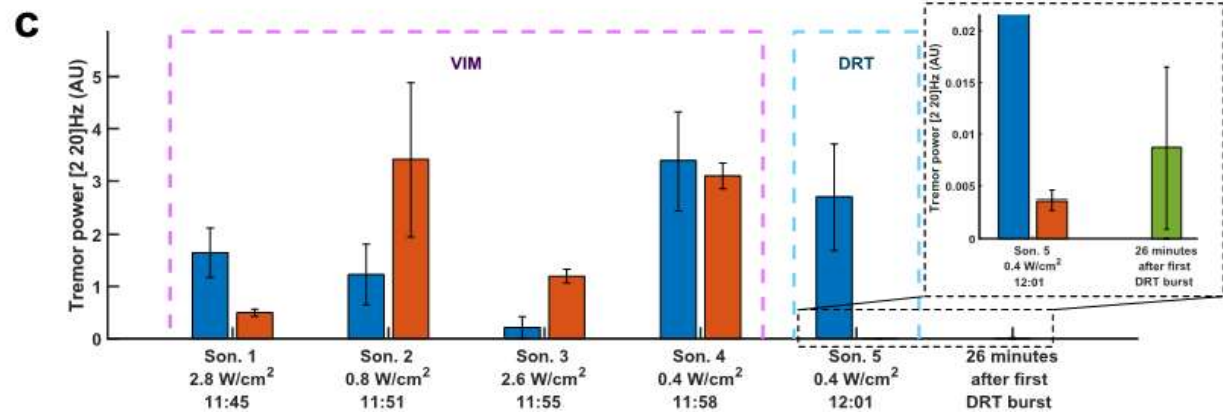
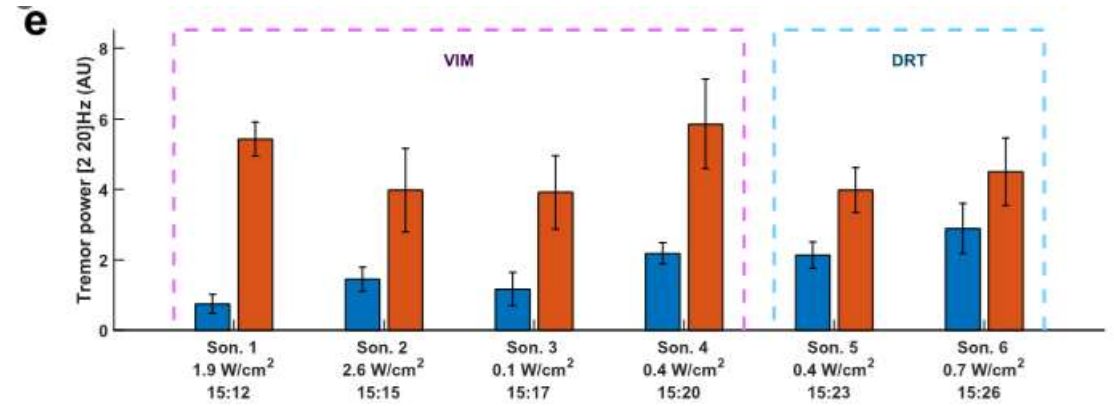
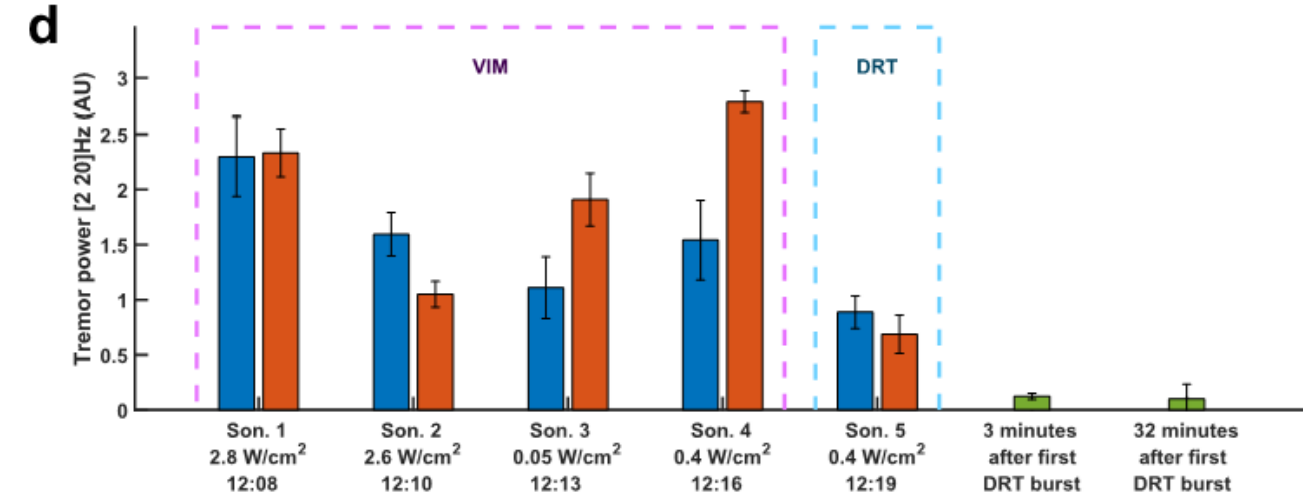


CT-based phase corrections



Responders

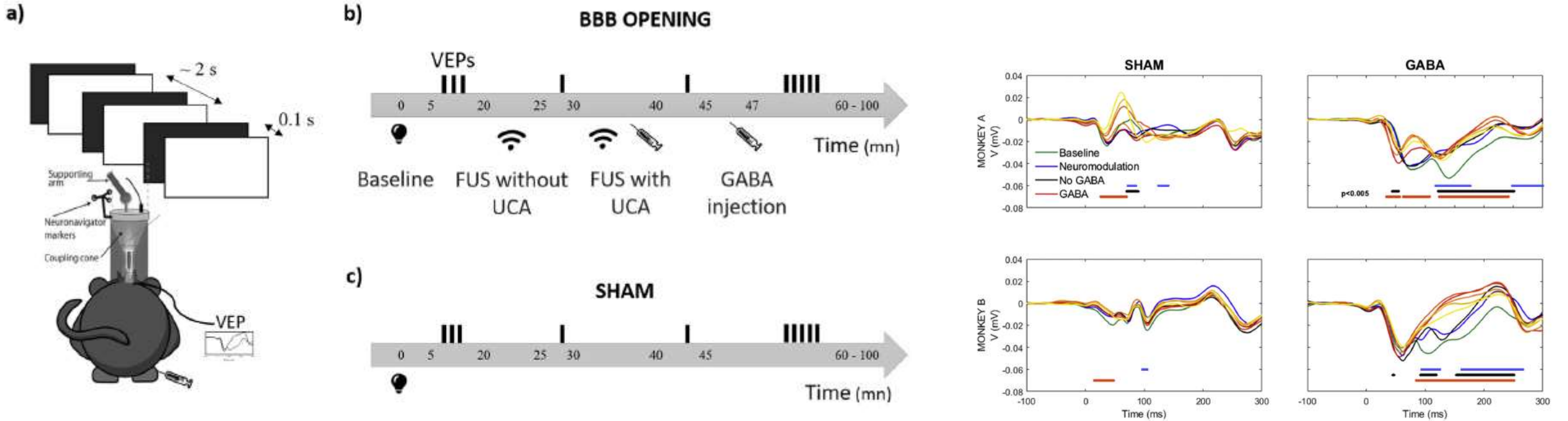
Non-responders ??



Bancel et al, Sustained reduction of essential tremor with low-power non-thermal transcranial focused ultrasound stimulations in humans, Brain Stimulation 2024

Bonus: BBB opening and neuromodulation

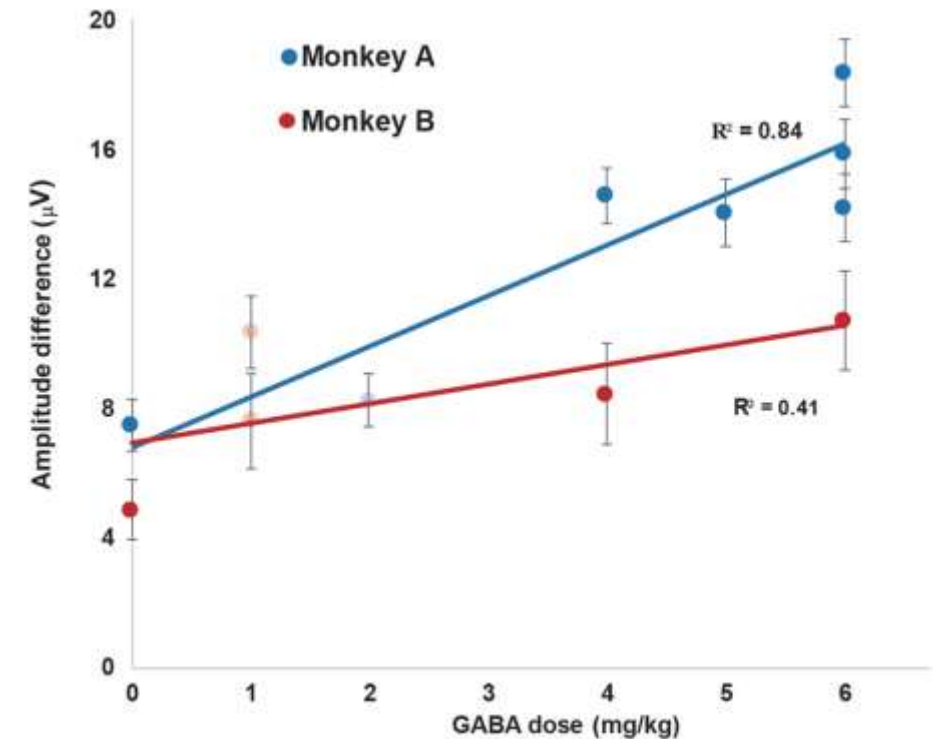
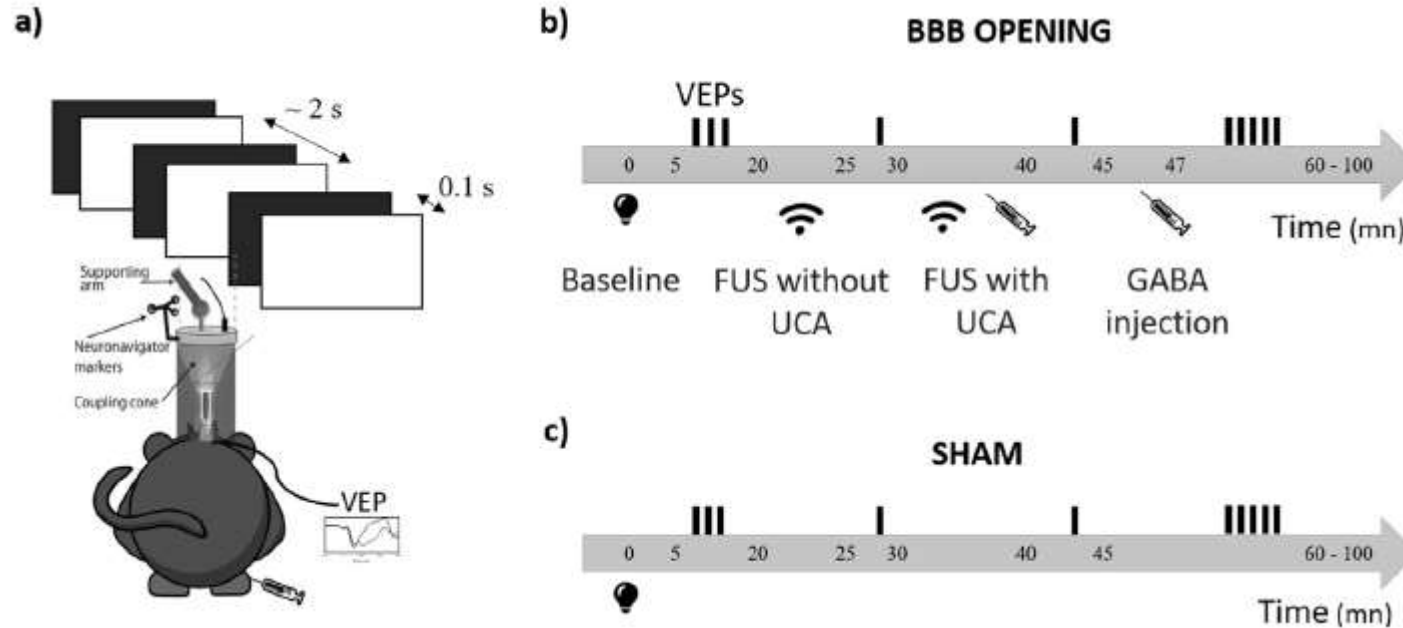
Non-invasive ultrasonic modulation of visual evoked response by GABA delivery through the blood brain barrier



Constans, C. et al Non-invasive ultrasonic modulation of visual evoked response by GABA delivery through the blood brain barrier. *Journal of Controlled Release*, 318, 223-231.

Bonus: BBB opening and neuromodulation

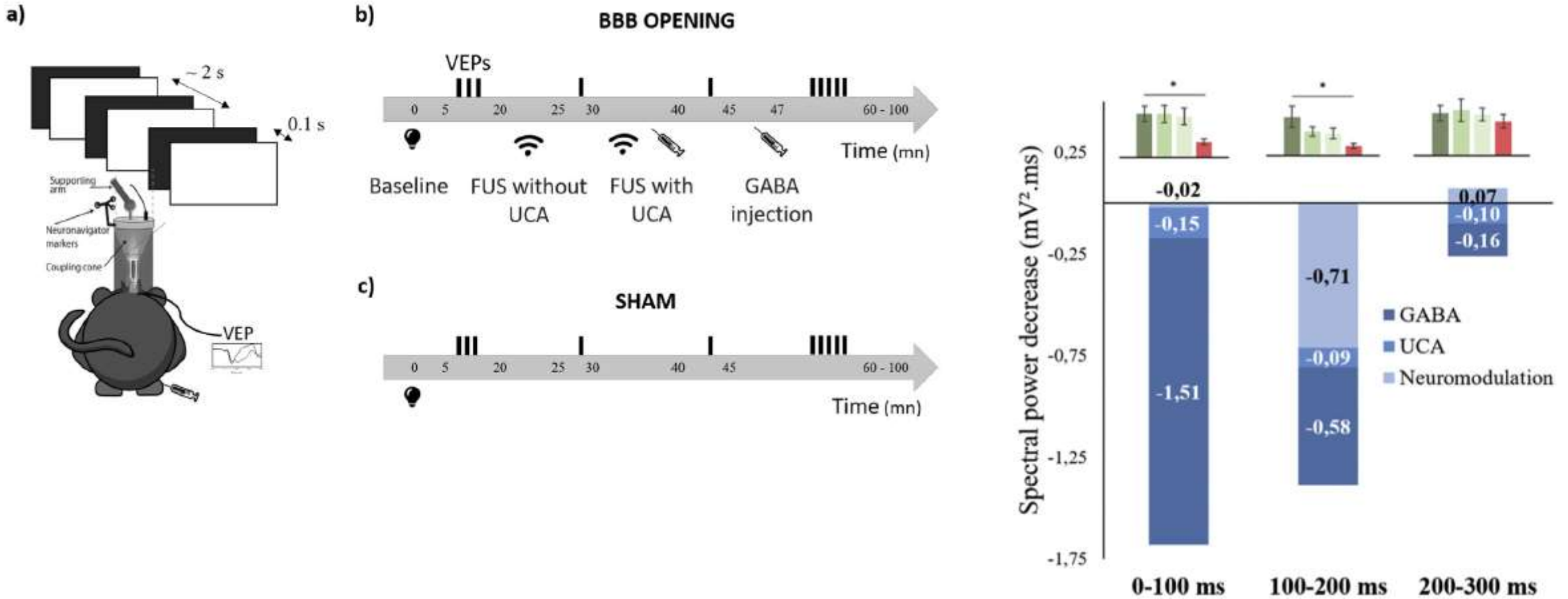
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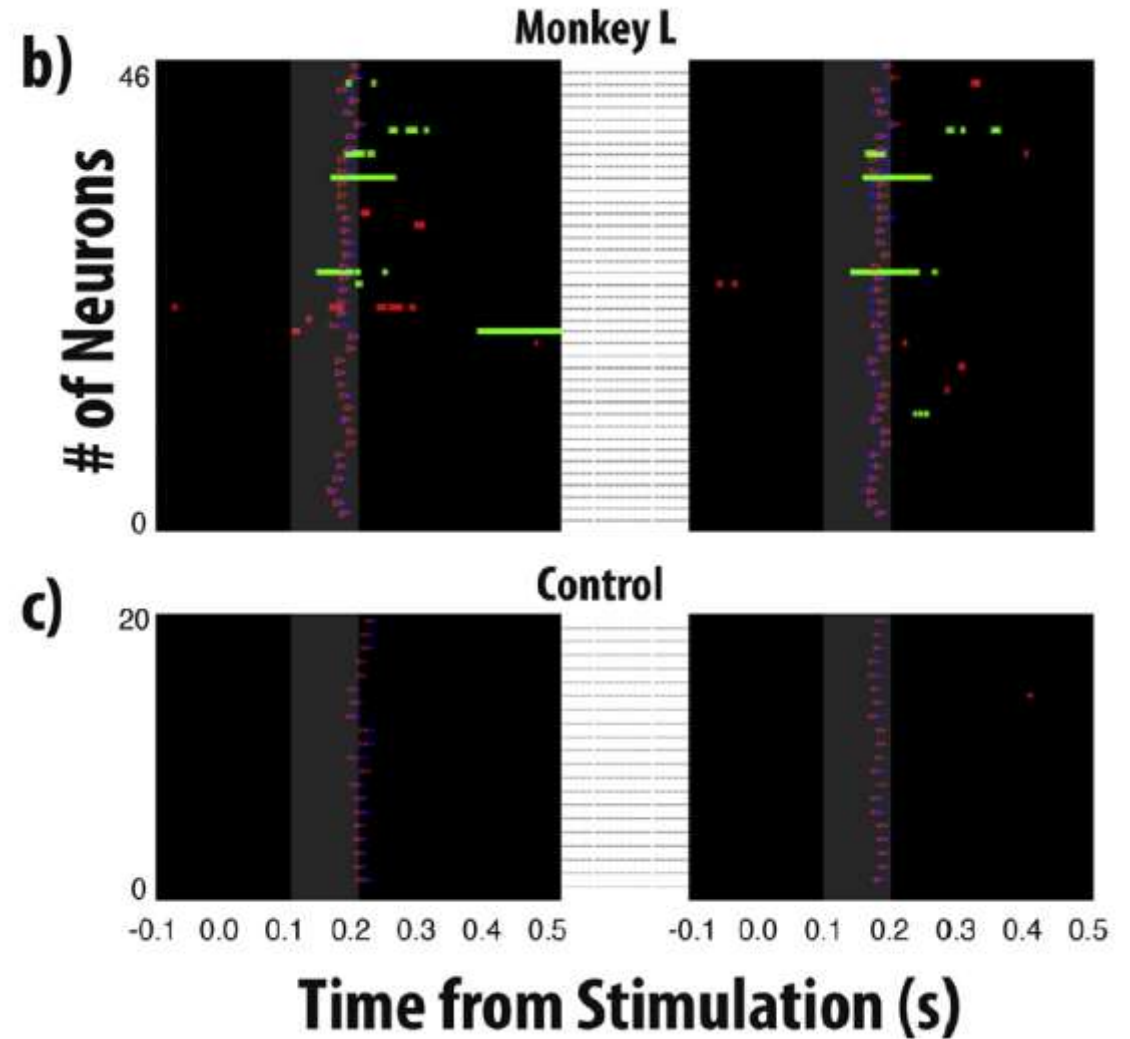
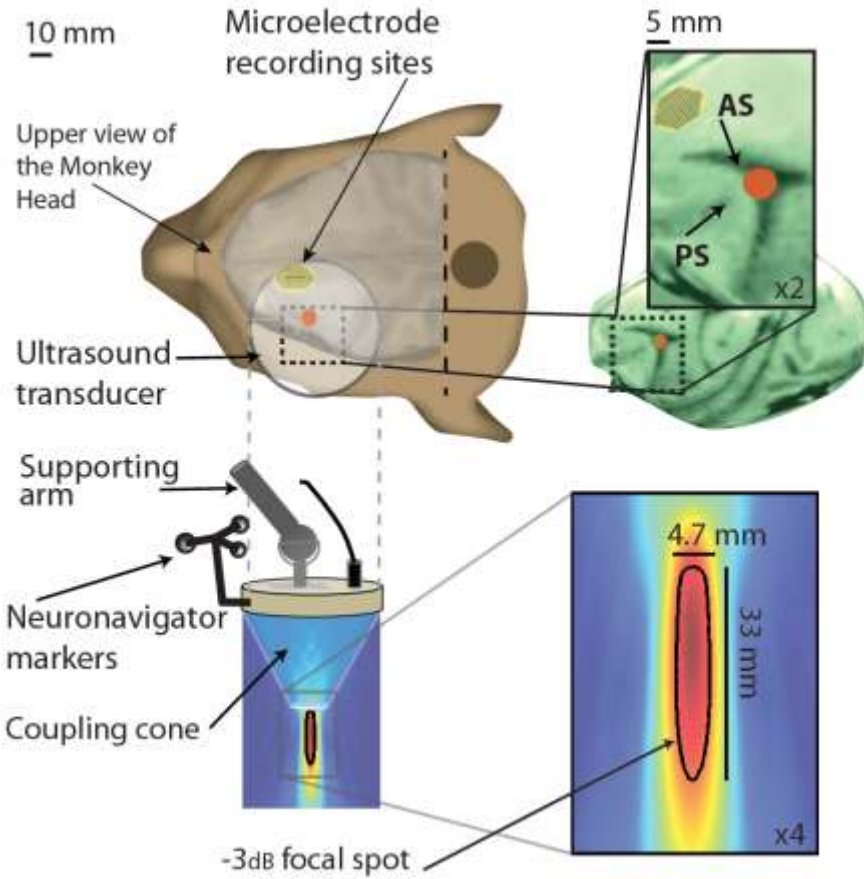


Constans, C. et al Non-invasive ultrasonic modulation of visual evoked response by GABA delivery through the blood brain barrier. *Journal of Controlled Release*, 318, 223-231.

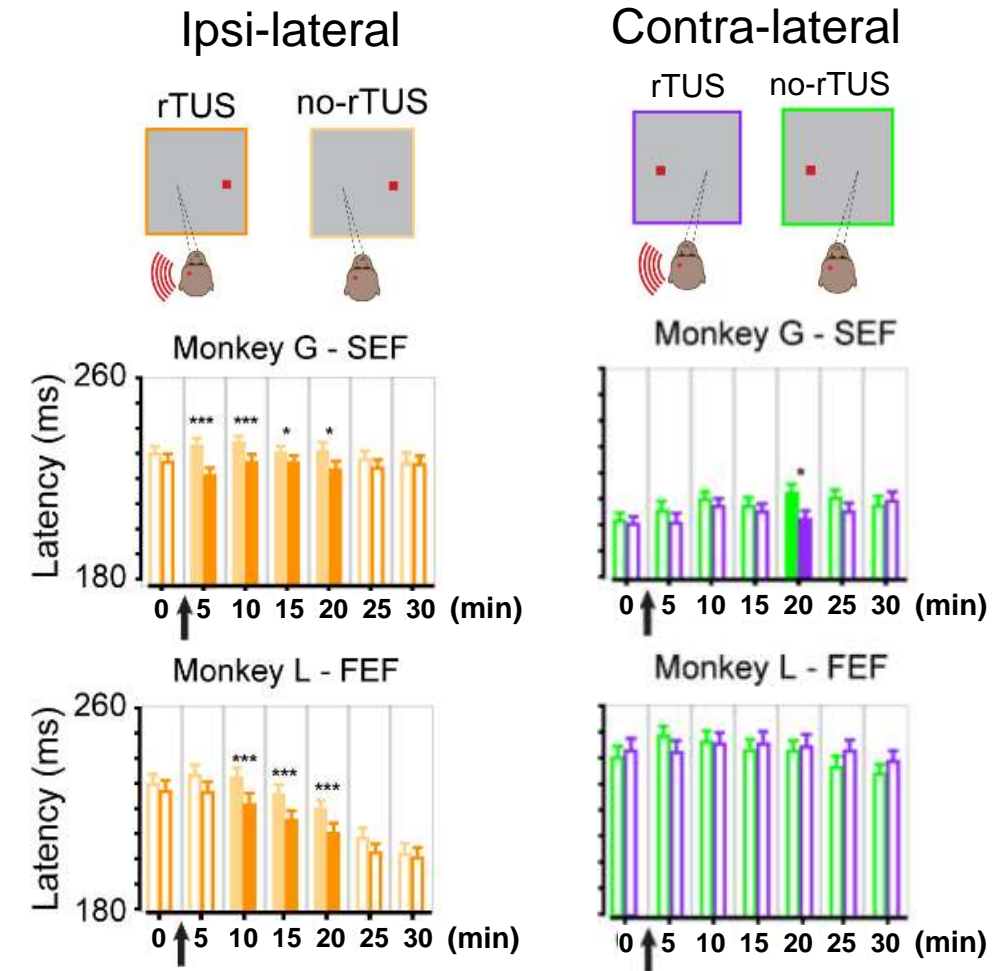
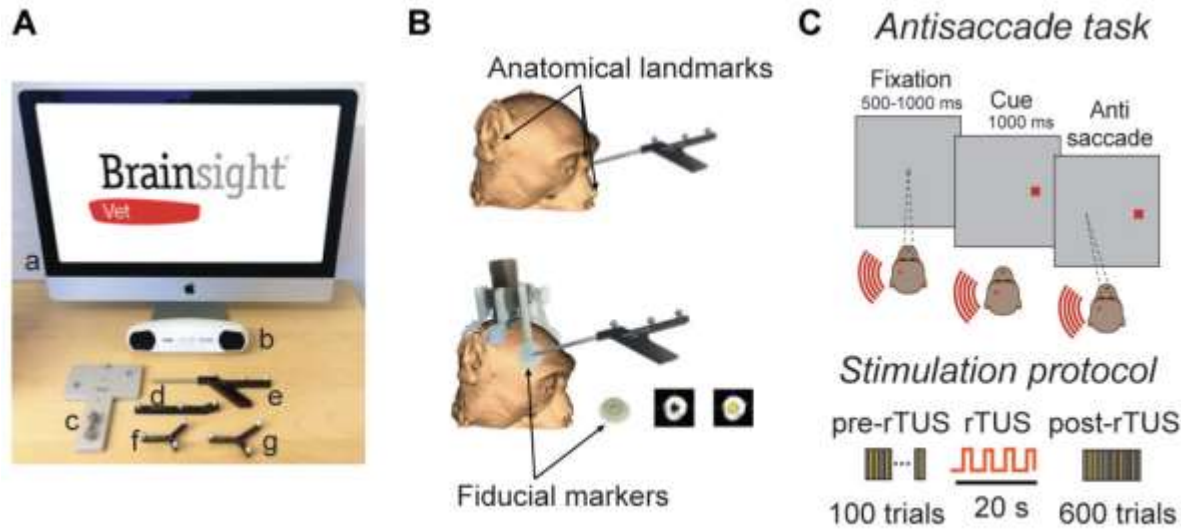
Neuromodulation on awake animals : microelectrodes recording

Stimulation site: Frontal Eye Field

Microelectrodes recording site: Supplementary Eye Field



Long-lasting and reversible effects on oculomotor performance in non-human primates



Pouget et al, Neuronavigated Repetitive Transcranial Ultrasound Stimulation induces long-lasting and reversible effects on oculomotor performance in non-human primates." *Frontiers in Physiology* 11 (2020).