

Pelvic Ultrasound -
Information for patients

Full Name.....

Address.....
.....

Date of birth/...../.....

You have been referred for an ultrasound of your pelvis. Pelvic ultrasound scans can monitor changes in the uterus (womb) and the ovaries. There are two ways of performing a pelvic ultrasound.

For the transabdominal part of the ultrasound, you will be asked to drink water to fill your bladder. The ultrasound probe is placed on the skin in the lower part of your tummy. This type of scan may be enough to gain all the information required, however sometimes a transvaginal scan will be offered if we need to gain more information.

For a transvaginal ultrasound, you will be asked to empty your bladder. You will be asked to remove your underwear for the examination, and you will be covered to maintain dignity and privacy. A special slim probe is placed into the vagina. The vaginal probe is cleaned before use, covered with a protective sheath, and lubricated with jelly to make its insertion into the vagina easy and friction free. The probe is inserted very gently into the vagina, is usually a painless procedure and will feel very similar to having an internal examination (but no speculum is used).

All examinations are optional and you can decline or ask to stop the examination at any time.

If you have any questions about the procedure, please discuss this with the staff performing the examination or contact the booking team who will arrange for a member of the clinical team to contact you prior to your appointment.

Patient's signature

.....

Date

TV Consent form example 2

Consent for accepting a transvaginal ultrasound scan

I have been offered a transvaginal ultrasound scan. The ultrasound practitioner has explained the likely benefits and potential drawbacks. I understand the information and wish to accept the scan.

I understand that I may stop the scan at any point if I wish.

The ultrasound practitioner may also stop the scan at any point if they feel it is in my best interest.

PATIENT NAME

.....

SIGNATURE

DATE

.....

.....

ULTRASOUND PRACTITIONER PERFORMING THE SCAN:

NAME

.....

SIGNATURE

DATE

.....

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DIAGNOSTIC ULTRASOUND SERVICES

PELVIC ULTRASOUND – INFORMATION & CONSENT FORM

A female sonographer performs this scan trans-vaginally as this method provides the best detail of the uterus and ovaries. The ultrasound transducer* is similar in size and shape to a tampon and it is disinfected with Tristel Duo wipes before use, covered with a protective sheath and lubricated. Approximately 2 inches is gently inserted into the vagina in the same way as a tampon (if you prefer, you can insert it yourself). Throughout the examination you are covered up and the door is locked.

It is safe to have even if you are bleeding or having a period.

This scan is safe to be performed during pregnancy.

The trans-vaginal scan may NOT be possible if you have never had intercourse before.

New BMUS Guidelines (Oct 22) suggest ALL patients are offered the chance to accept the internal/trans-vaginal scan.

A few patients may prefer NOT to have the trans- vaginal scan for personal reasons.

If either of the above is the case, please read below for an alternative type of scan.

OPTION 1 – This is the PREFERRED SCAN

I am happy/able to have the trans-vaginal scan: YES / NO

*****IF YES PLEASE COME WITH AN EMPTY BLADDER*****

OPTION 2 – See advice above

I prefer to have the trans-abdominal scan: YES / NO

*****IF YES PLEASE COME WITH A FULL BLADDER*****

DO NOT USE PASS WATER UNTIL AFTER YOUR SCAN

I have drunk at least ONE PINT OF WATER 1 HOUR BEFORE this appointment. I understand that this scan gives less information.

Chaperone Information

If you wish to bring a chaperone with you, you can do so. Your chaperone can be a friend or relative. The sonographer may require a chaperone and if so we will provide a member of the team who is chaperone trained. If you would like us to provide you with a chaperone, please let us know when you confirm your scan.

1st day of my last period if relevant:

Please note that all scans are optional.

WE DO NOT USE LATEX CONDOMS OR GLOVES

Signed Date